Ages 2 and Up

KUMON

Kumon First Steps Workbooks

Let's Sticker & Paste!

Your child will develop fine motor control skills while having fun with stickers and learning to paste with glue.

Kumon First Steps Workbooks help children develop fine motor skills as preparation for writing letters and numbers.

Special features of this book

1. This book's simple design can help children as young as two learn important basic skills while having fun.
2. This book allows parents and children to share meaningful playtime together.
3. This book is structured so that your child will develop fine motor control skills while acquiring new vocabulary.

The aims and purpose of this book

■ Develop fine motor skills

Your child will improve finger strength and dexterity. This will help your child hold and use a pencil correctly, which is an important skill for more advanced learning.

■ Improve pasting skills

If your child can put glue on pieces of paper and paste them onto designated areas, then he or she has mastered basic pasting skills. In general, young children usually develop pasting skills in the following order:

1. Peeling off stickers and pasting them.
2. Pasting stickers and paper parts onto matching shapes.
3. Putting glue on small parts and pasting them onto designated areas.

The exercises in this book are designed to take your child through each of the above skills, step by step, so that he or she masters each one before moving on. Learning to paste with stickers and glue allows your child to improve his or her ability to concentrate and focus.

■ Enhancing children's sense of shape and positioning abilities

Your child will learn to associate words such as "circle" and "square" with the actual shapes that the words represent. He or she will learn to paste matching shapes together as well as paste big and small strips of paper onto a background image. Your child's creativity and shape composition ability will be greatly enhanced. In addition, through learning to paste stickers or paper parts onto designated areas, he or she will develop positioning abilities.

How to use this book

1. To make the exercises easier for your child, please cut out the illustrated portion of each page for him or her.

2. Your child will practice pasting stickers at the beginning of this book. It may be a good idea to peel off the appropriate stickers from each sheet for your child. Some pages contain directions for parents to cut out parts. Please enjoy the process of completing the exercises together with your child.

3. When your child has completed each page, please offer him or her lots of praise.

4. Please refer to the "To parents" notes in this book, which provide more comments and advice on how to help your child enjoy and learn from this book.

5. Try to limit the number of pages your child will complete in a day. It is best to end the day's work when your child still wants to do more.

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■ *Interior illustrations by Houichi Hasegawa* ■ *Photographs by H. Kamiizumi*
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How to use this book 1

Relax and enjoy!

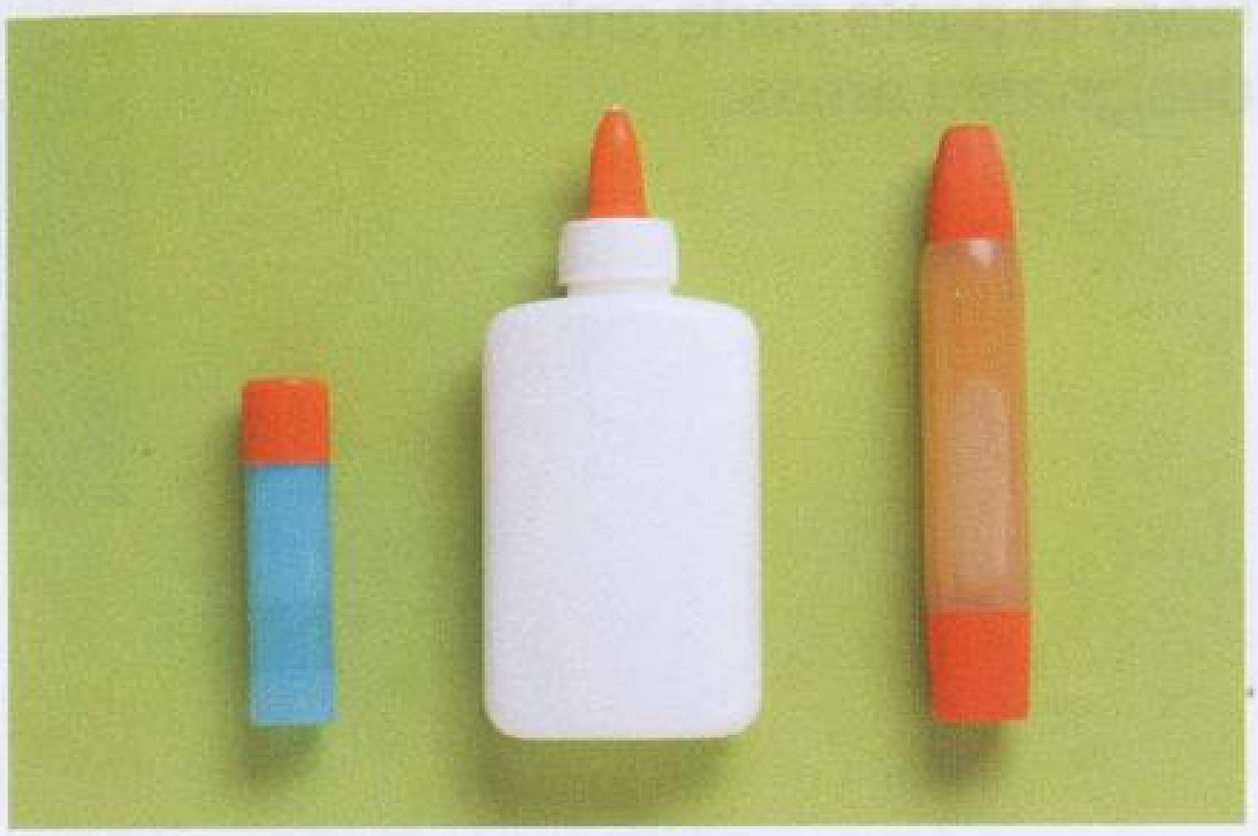
Kumon's First Steps Workbooks are designed so that children and parents can learn and have fun together. Children learn best from active and participatory parents, so please help your child with the activities in this book. By helping your child, you are encouraging him or her to develop a desire to learn, as well as laying the foundation for your child to become a self-motivated learner.

How to choose glue

Please avoid using glue with a strong smell. Choose a child-safe product in an easy-to-use container. You can use a glue stick, but for children, it is best to use glue that can be applied by hand. Children enjoy the tactile experience of spreading glue with their fingers.

Tips for pasting

Line your table with scrap paper before your child starts. Have your child apply an appropriate amount of glue onto the tip of his or her middle finger, and spread it thinly on the paper. Your child can spread the glue evenly by using his or her middle finger, with the forefinger placed above it, and making spiral movements. However, as this is a fairly advanced skill, it is okay for your child to just use one finger. As for parts with a glue mark on the back, please put glue on that side. When your child pastes parts onto paper, encourage him or her to hold the paper with one hand and apply the glue with the other. As this is difficult for small children, you can hold the paper for your child at first.



▲ Please choose similar types of child-safe glue.

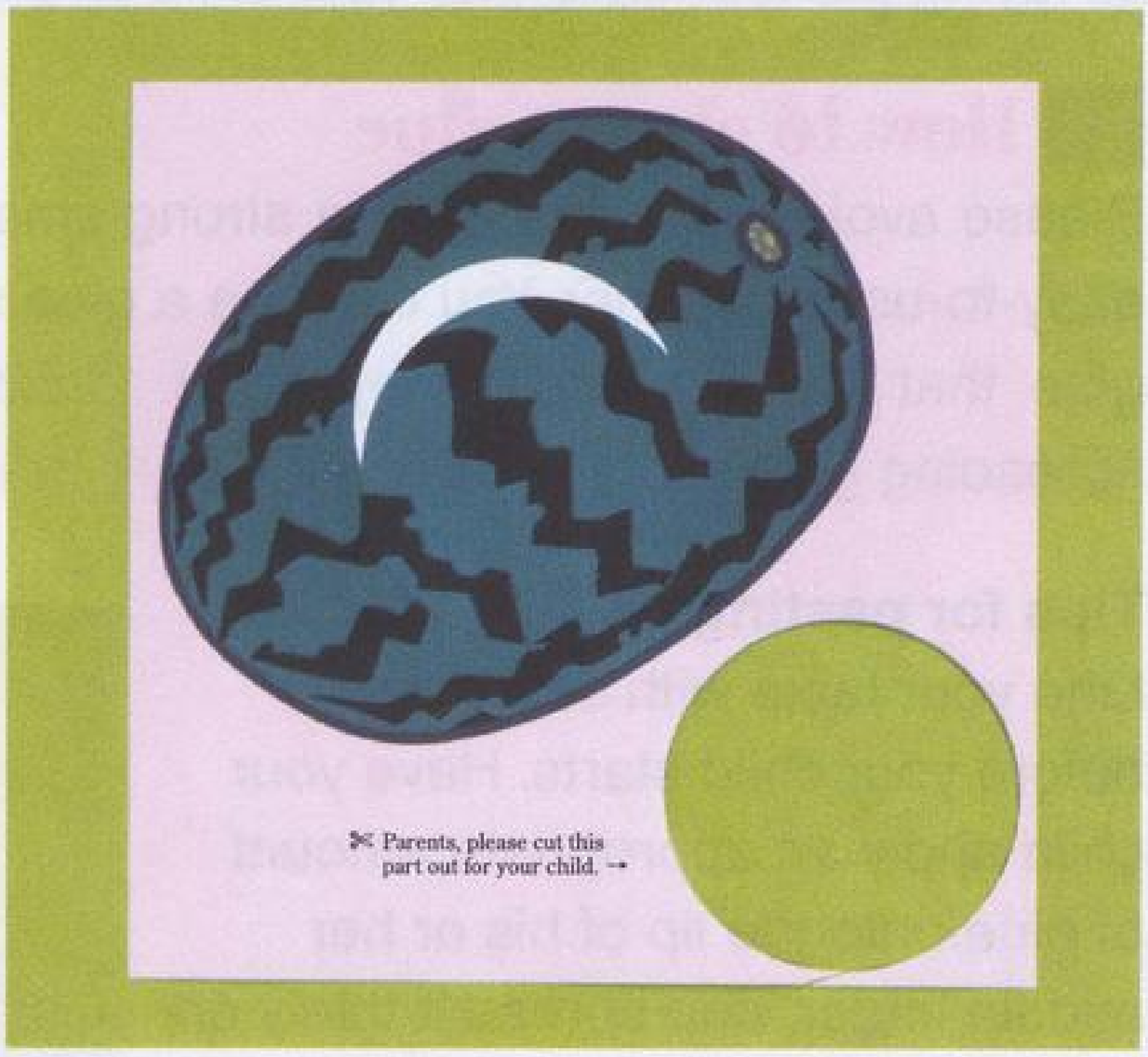
▲ Begin by placing the glue onto the scrap paper. Then have your child use his or her finger to spread the glue onto the designated area.

How to use this book 2

How to paste

Your child may already be familiar with playing with stickers, but perhaps he or she is used to just pasting them randomly. It may be difficult at first for your child to paste stickers on designated places, but be patient. In time, your child will master this skill.

It does not matter if your child cannot paste accurately or if the image he or she has created is not perfect. He or she will gradually learn to paste parts onto designated areas.

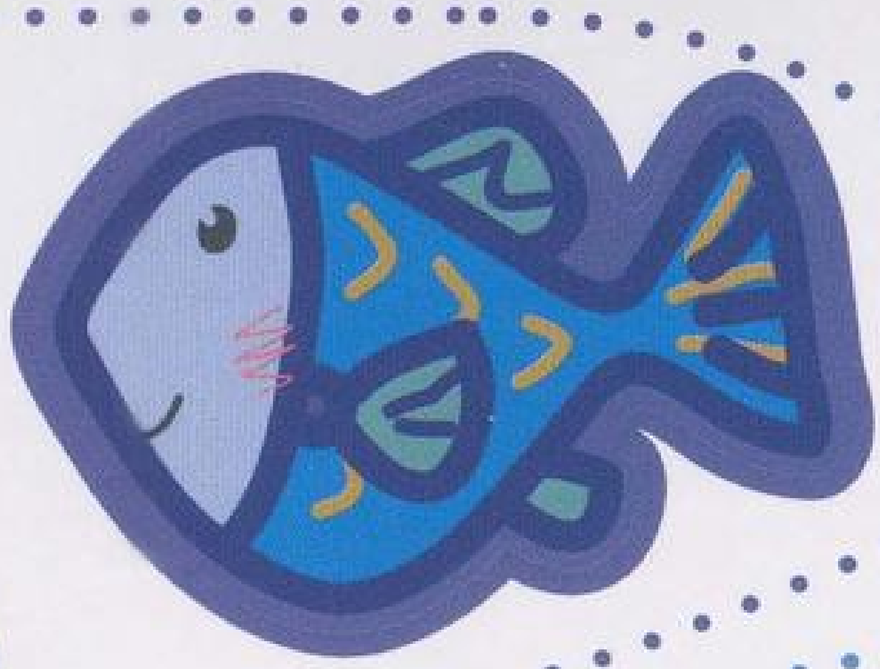


When your child is first attempting to paste a part onto a background, encourage him or her to place the edges down first and then slowly press the rest of the part into place. Your child will gradually learn how to align and paste parts onto designated areas.

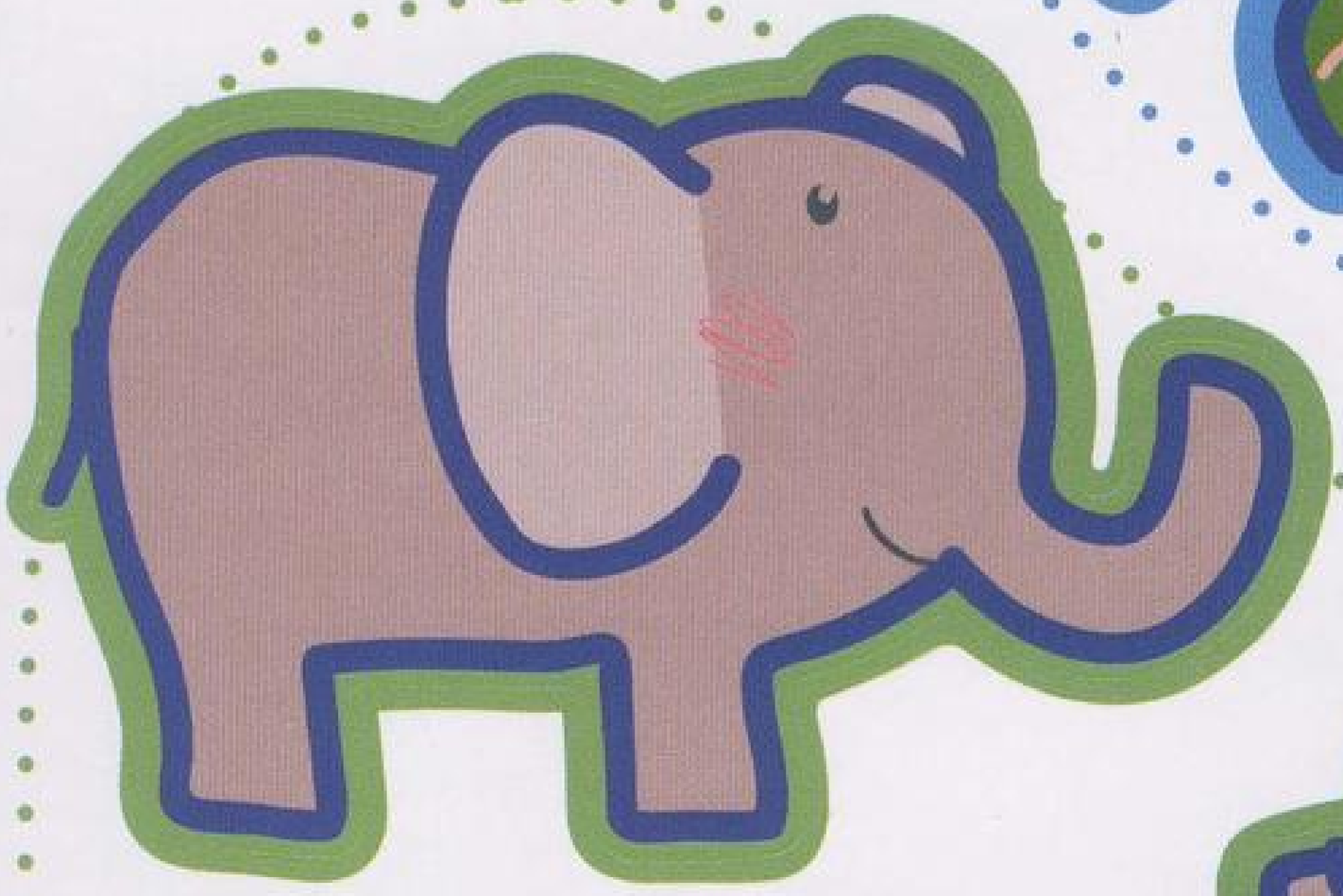
▲ This child is holding the top of the cut out part and is attempting to paste it onto the designated place.

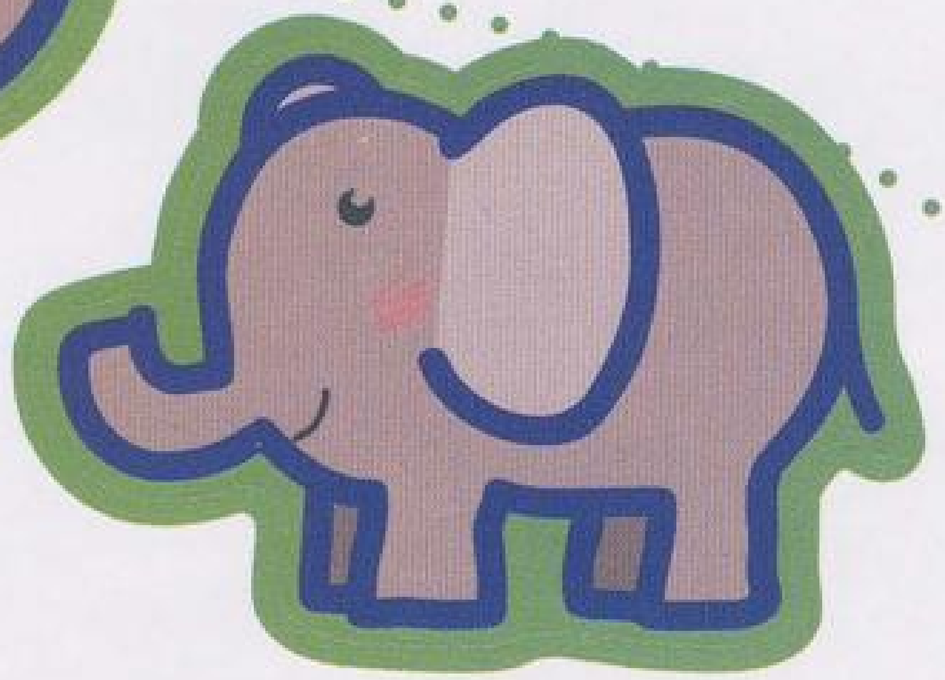
Stickers ①

To be used in 1.

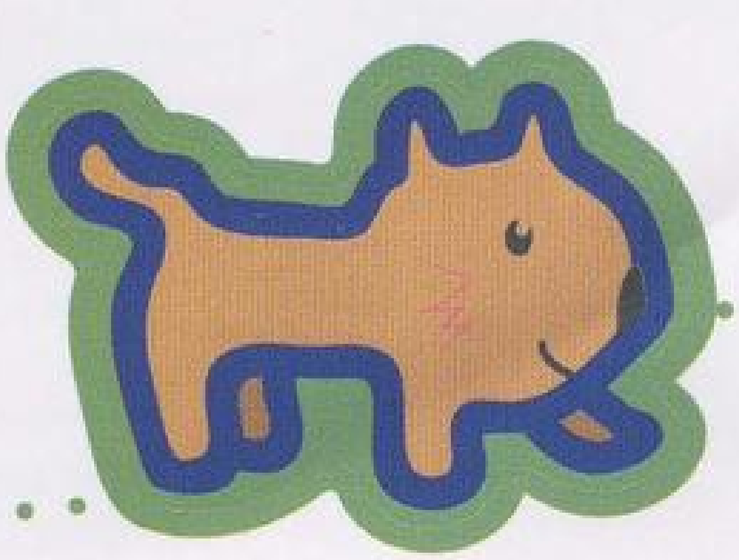


To be used in 2.





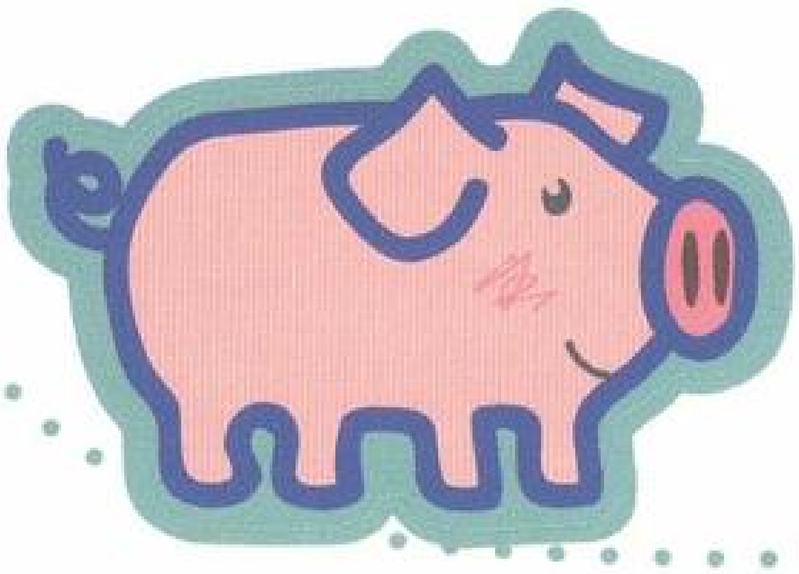
To be used in 3.

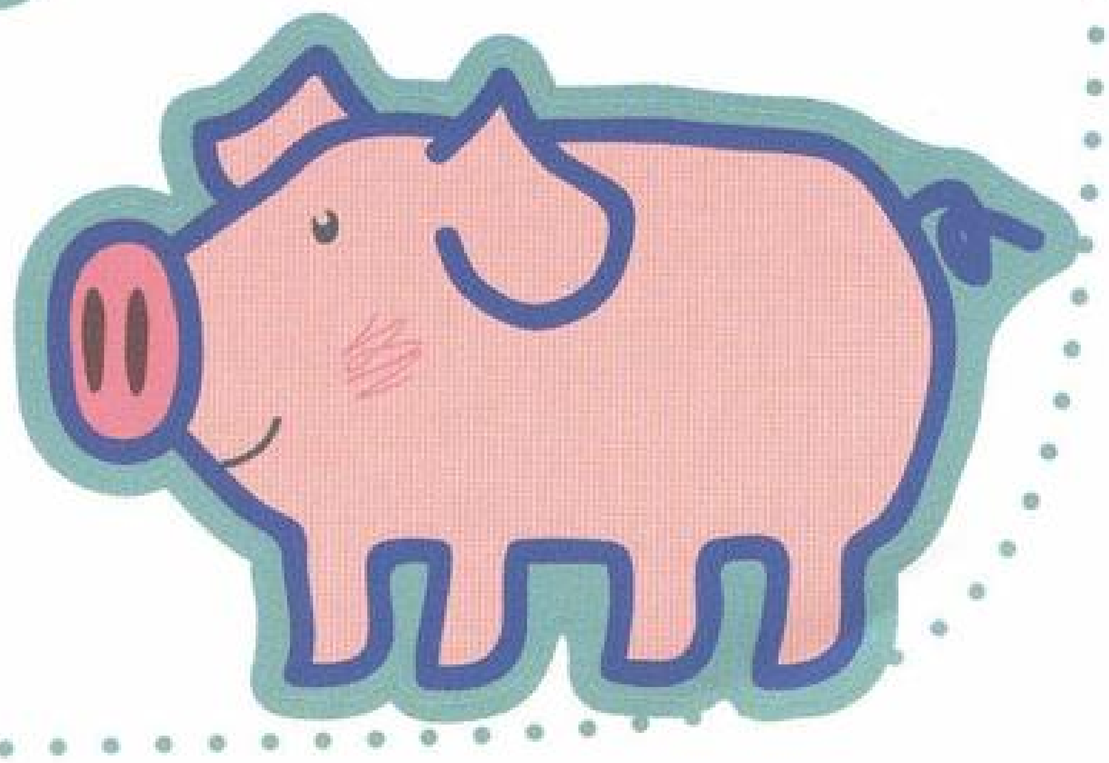


Stickers ②

To be used in 4.

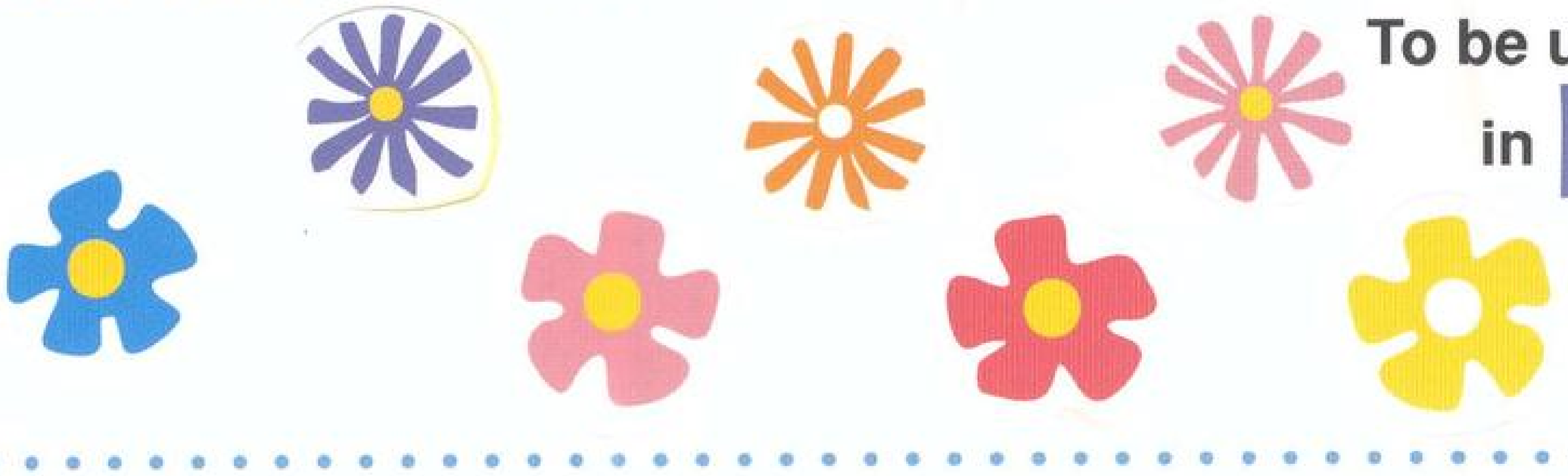
To be used in 5.





Stickers ③

To be used in 6.

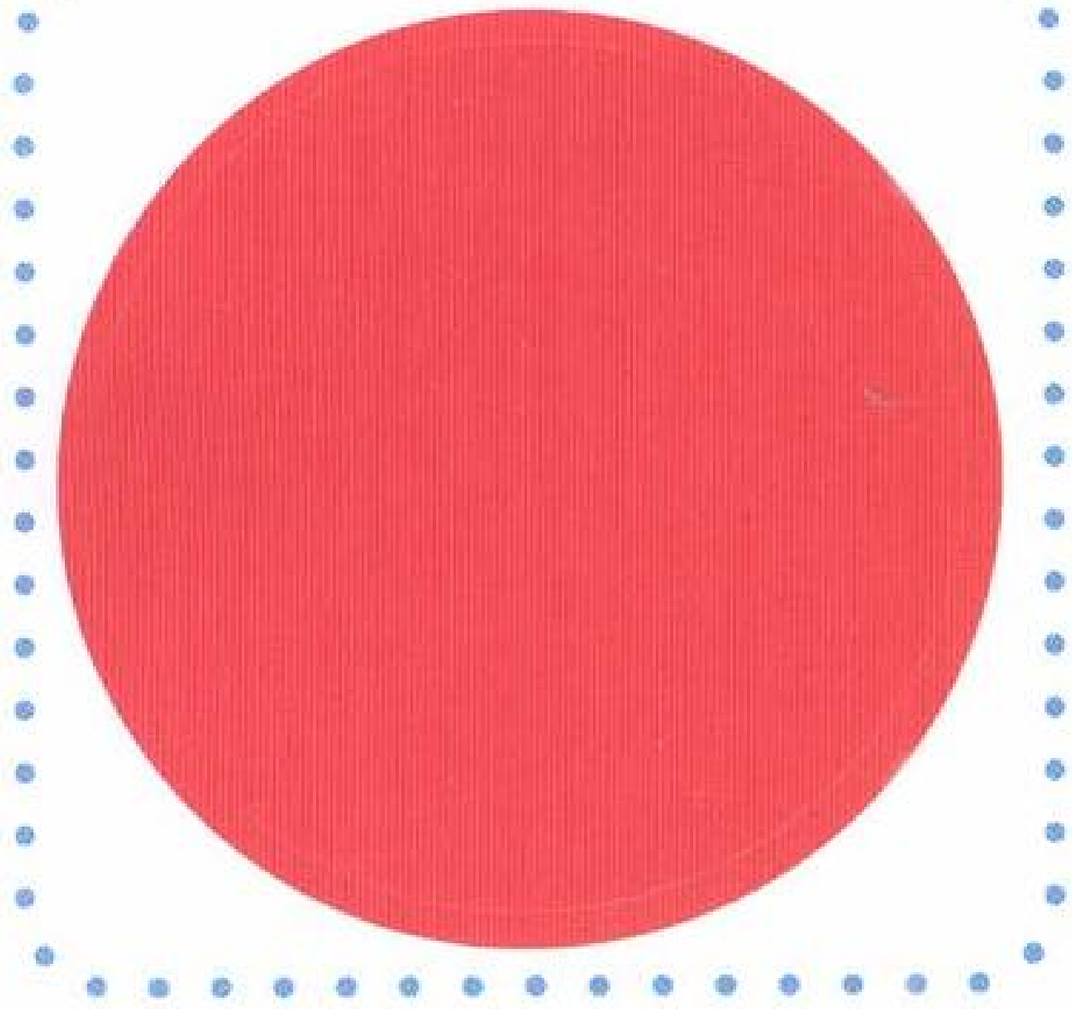


To be used in 7.

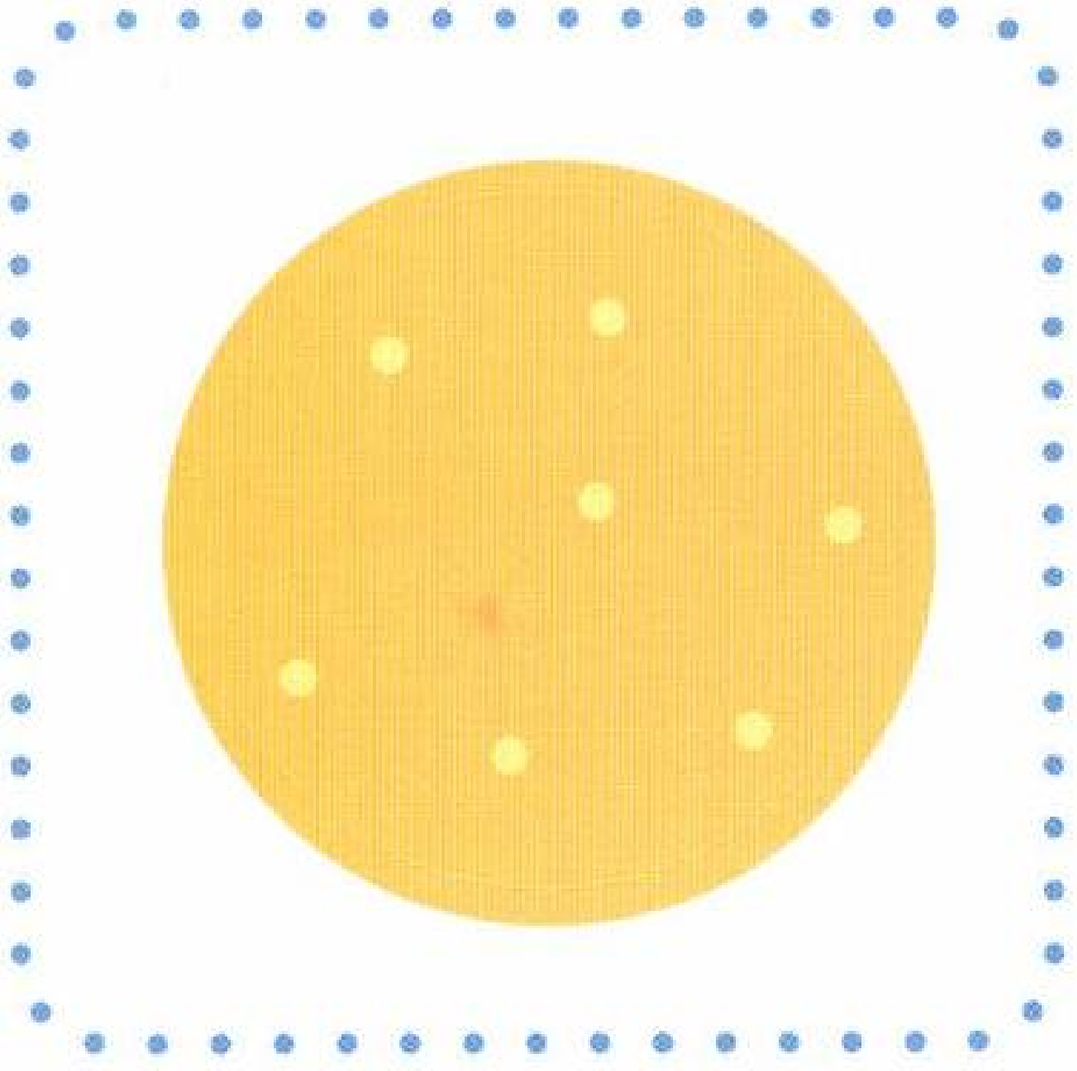
To be used in 8.

Stickers ④

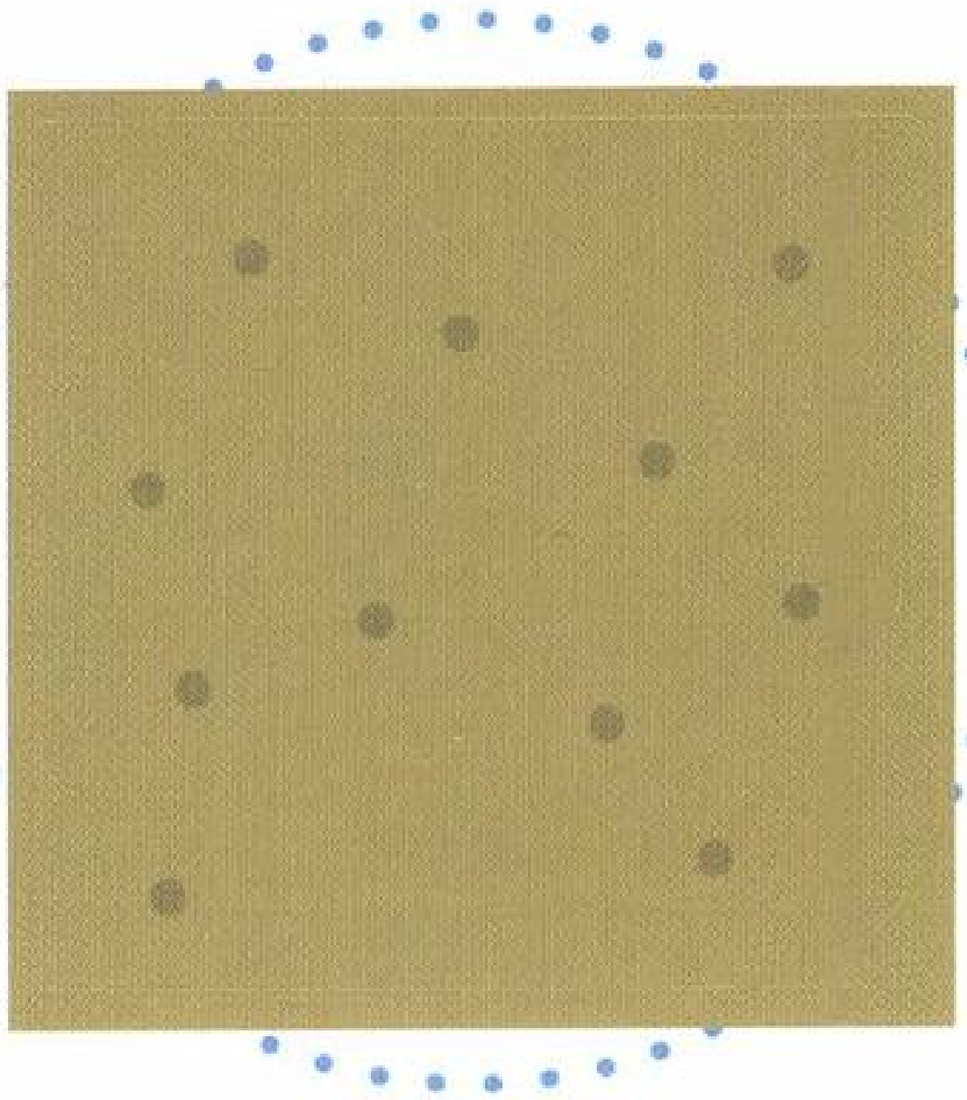
To be used in 9 (apple).



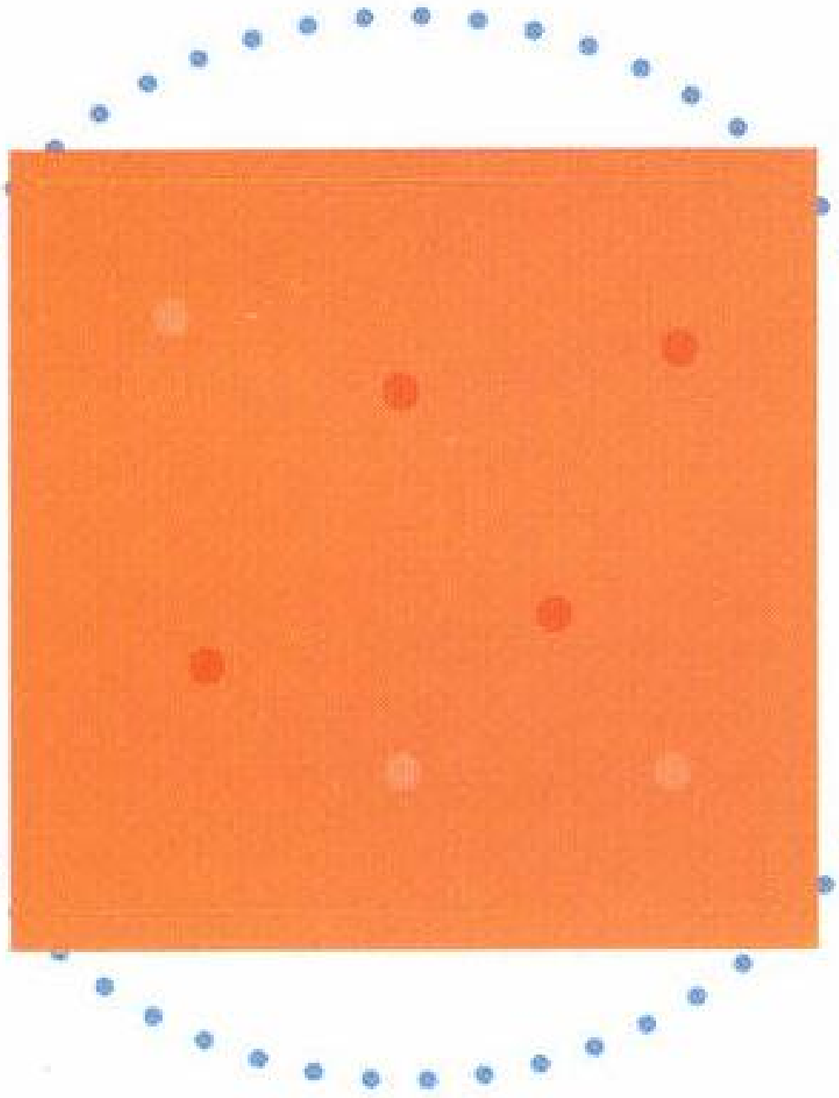
To be used in 10 (lemon).



To be used in 11 (pear).

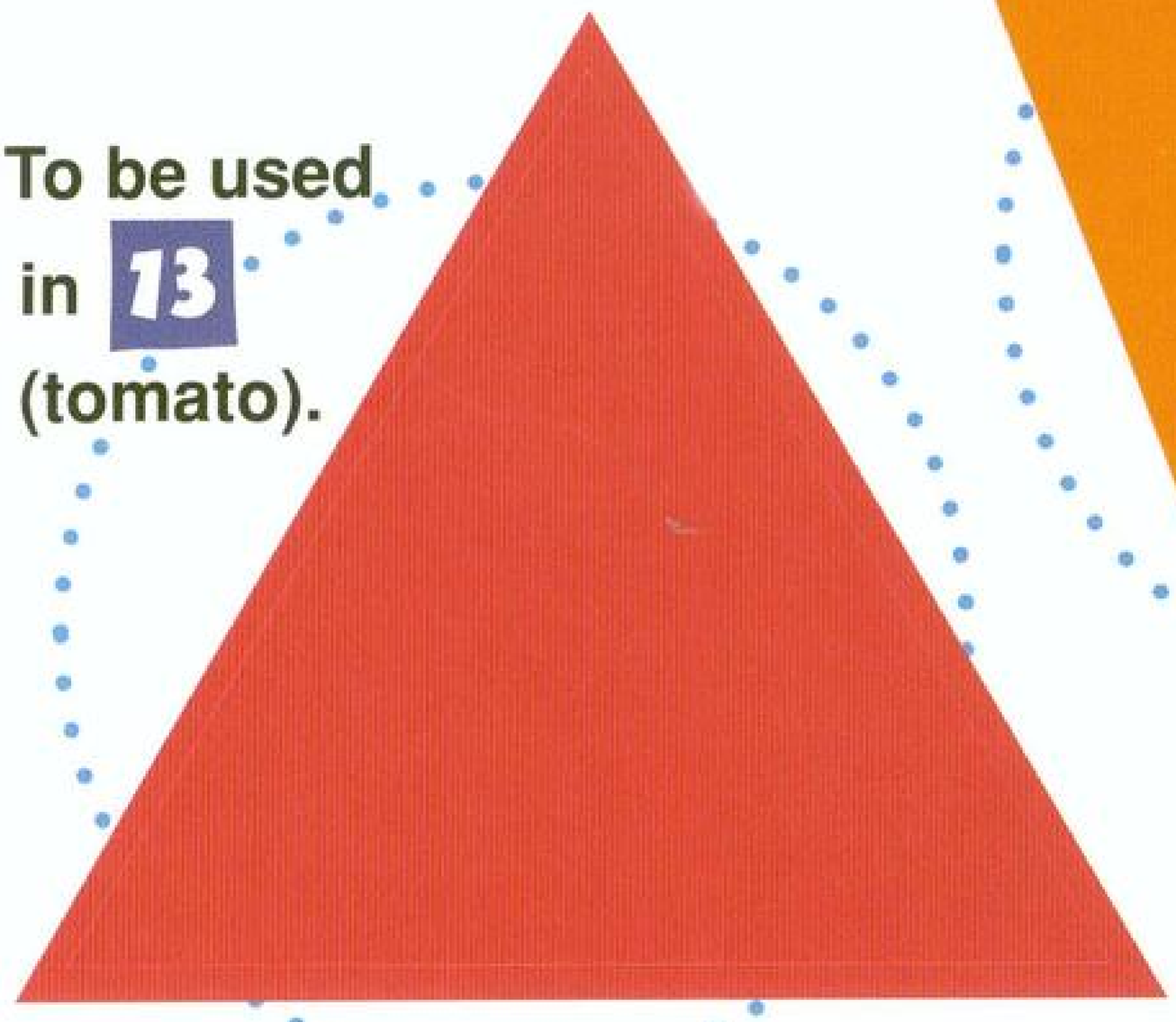


To be used in 12 (orange).

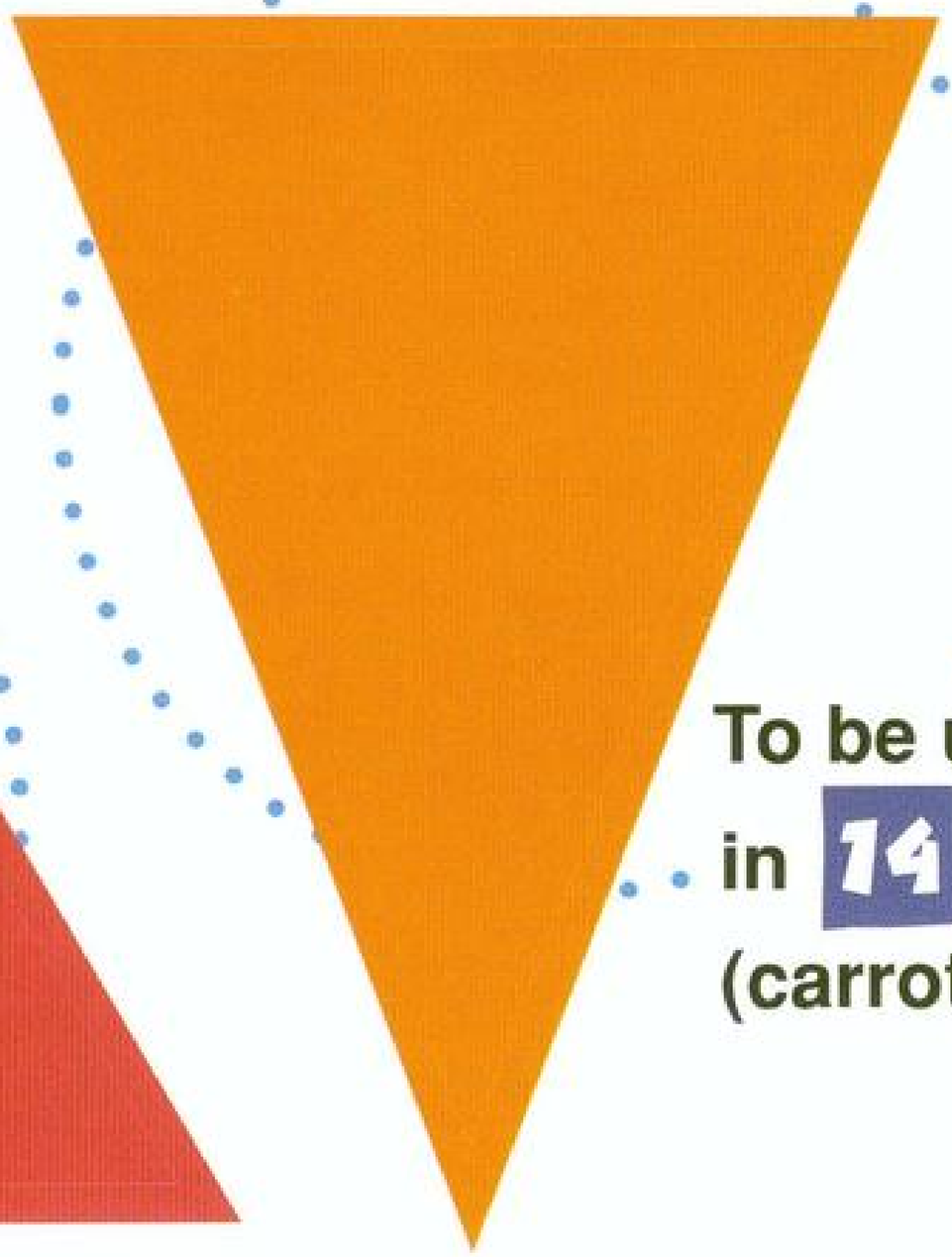


Stickers ⑤

To be used in 13 (tomato).

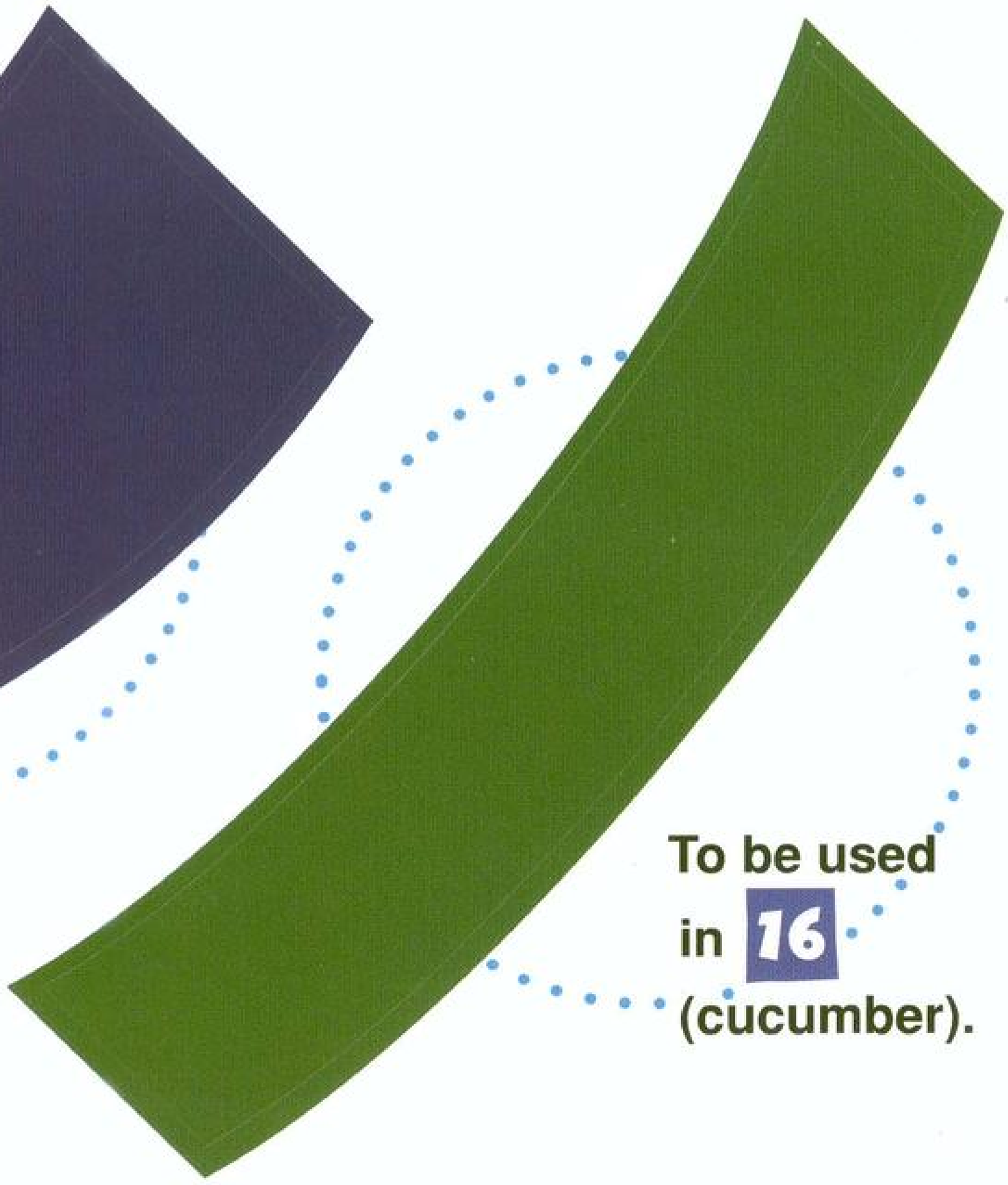


To be used in 14 (carrot).



To be used in 15 (eggplant).

To be used in 16 (cucumber).



1 Sea Time

Example

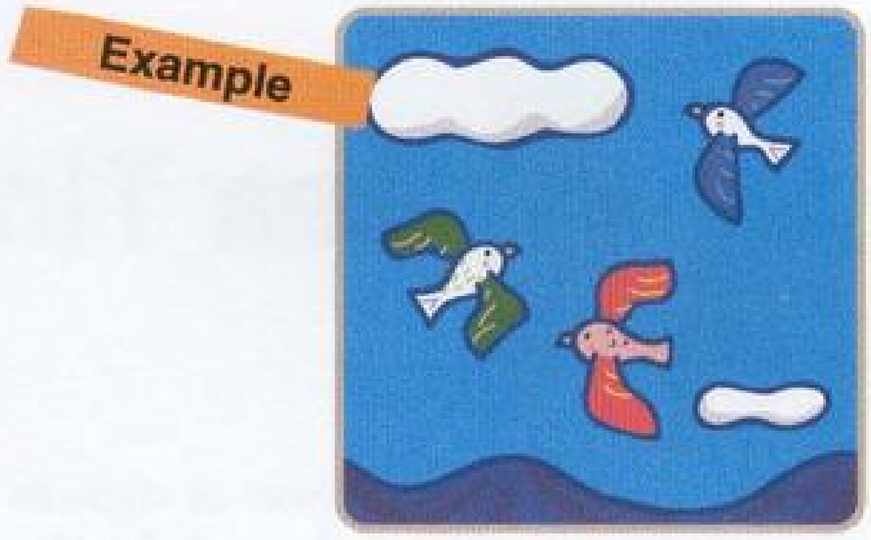
To parents

Please remove the first sheet of stickers and give it to your child. (This sheet is for exercises 1 through 3.) Up until exercise 8, your child will paste stickers freely onto a background. When he or she is finished, offer lots of praise and say something like, "Well done! The fish look very happy swimming" and say "sea" aloud while pointing to the word.

Paste the stickers as you like.

sea

2 Flying High



To parents

Encourage your child to peel the stickers off slowly and carefully so that they will not tear. Talk about the image he or she has created and say "sky" aloud while pointing to the word.

Paste the stickers as you like.

sky

3 Animal Safari

Example

To parents
"Grassland" may be an unfamiliar word for children. Tell your child that it is a huge grassy land where lions and elephants live and say "grassland" aloud while pointing to the word.

Paste the stickers as you like.

grassland

4 Tree Life

Example

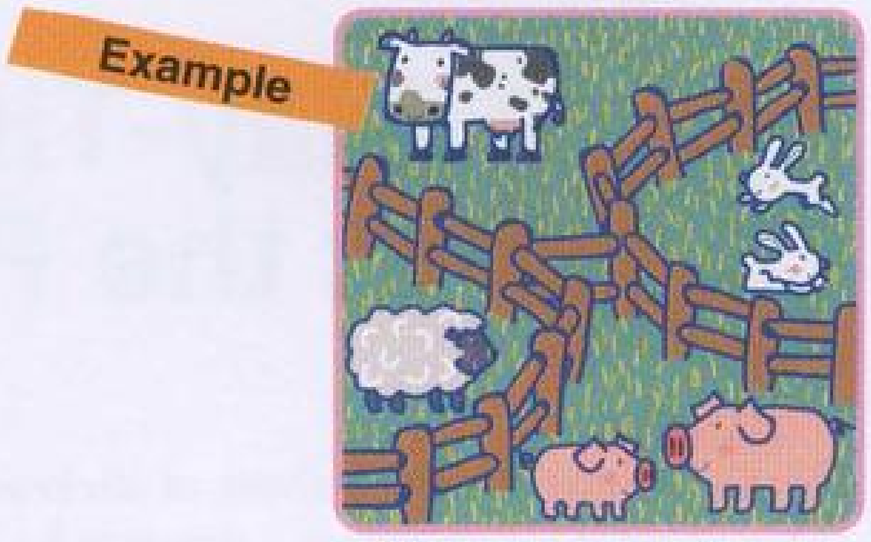
To parents

Please remove the second sheet of stickers and give it to your child. (This sheet is for exercises 4 and 5.) Your child will again practice pasting stickers freely. When your child has completed the exercise, say "tree" aloud while pointing to the word.

Paste the stickers as you like.

tree

5 On the Farm



To parents

Since there are fences in this farm scene, see if your child can sort the animals by species. However, it does not matter if he or she mixes them up. The purpose of this exercise is for your child to learn to peel off and paste stickers onto places of his or her choice.

Paste the stickers as you like.

farm

6 Play-Time at the Park!

To parents

Please remove the third sheet of stickers for your child. (This sheet is for exercises 6 through 8.) Talk about a fun time your child had at his or her favorite park.

Paste the stickers as you like.

park

7 My Favorite Apron

Example

To parents
On this page, your child will decorate the apron using the stickers provided. When your child has completed the exercise, offer lots of praise and say something like, "What a beautiful apron!"

Paste the stickers onto the apron.

apron

8 Brrr! It's Cold Outside!

To parents
Spark your child's interest by saying something like, "I think the boy wants to dress warmly because it's winter. Maybe he is going to play outside." When he or she has completed the exercise, offer lots of praise and say each word aloud while pointing to it.

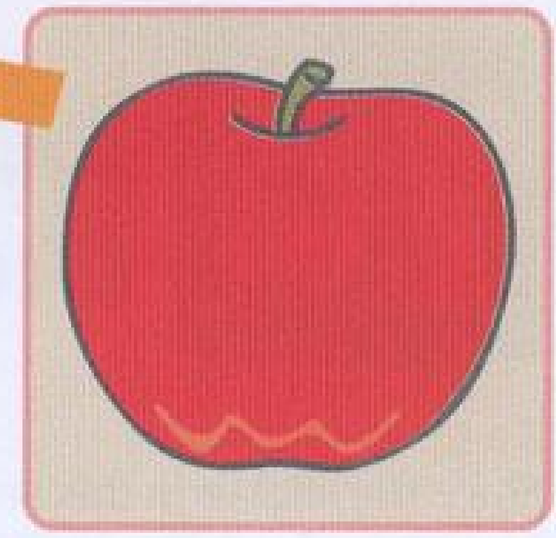
Example

hat scarf

Paste the stickers onto the boy.

gloves boots

9 Let's Complete the Apple

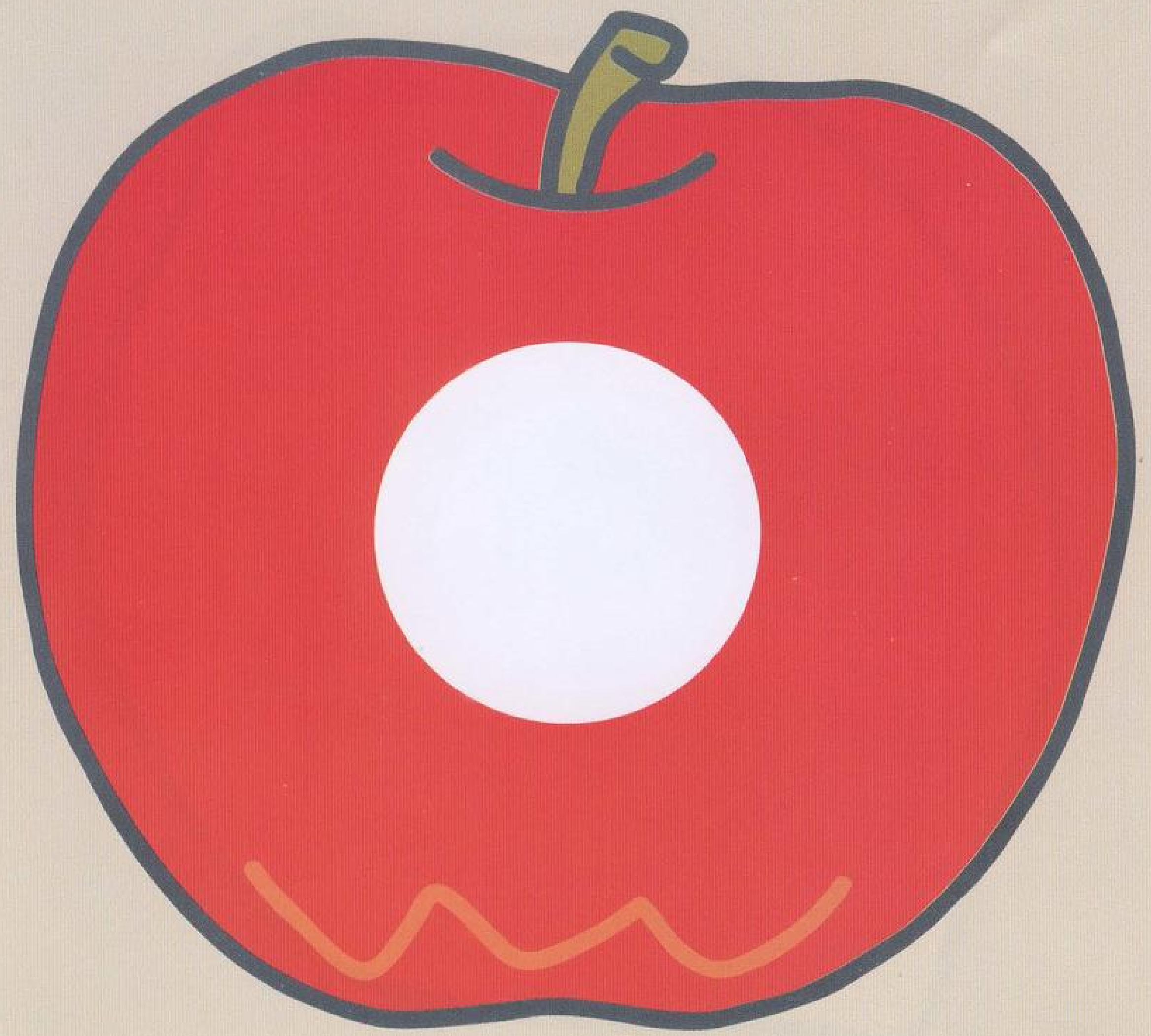


To parents

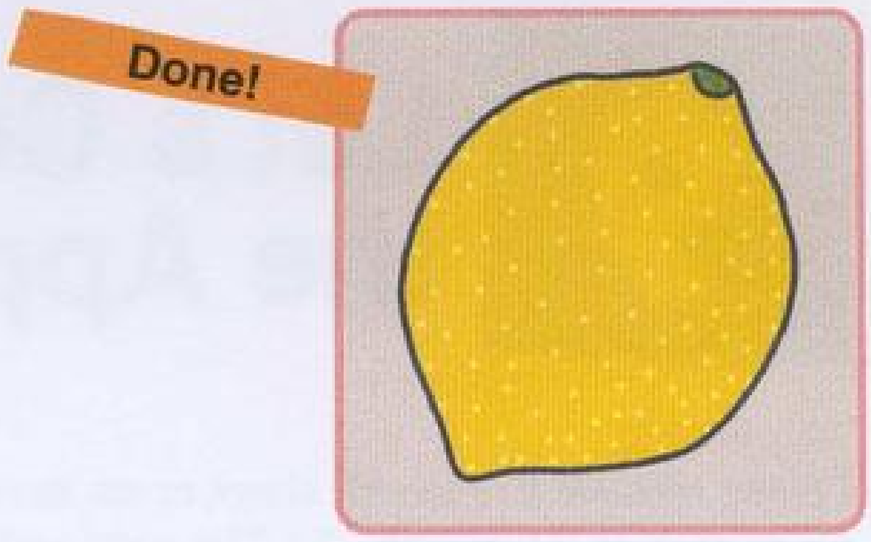
Please remove the fourth sheet of stickers and give it to your child. (This sheet is for exercises 9 through 12.) The next series of exercises will require your child to paste a sticker that corresponds to the shape of the blank area on the page. You can encourage him or her to pick the appropriate sticker by saying something like, "What color is an apple? Which sticker is the same color as the apple?"

Paste the sticker onto the apple.

apple



10 Let's Complete the Lemon

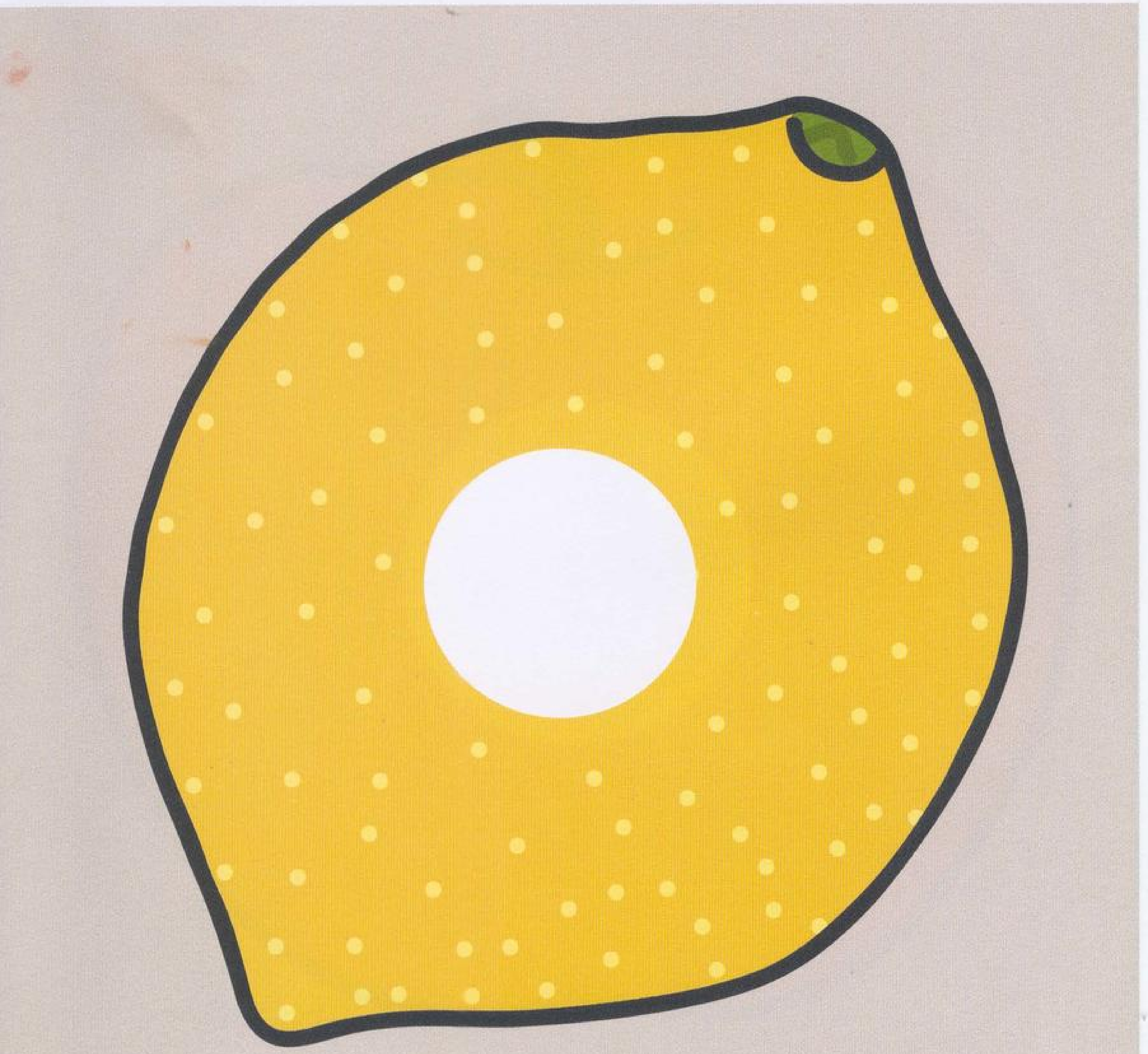


To parents

Since the sticker in this activity is round, your child will not have to worry about the sticker's direction when placing it on the page. It is not easy for small children to peel off and paste stickers on their own as it requires fine movements of fingers. When your child has completed the exercise, offer lots of praise.

Paste the sticker onto the lemon.

lemon



11 Let's Complete the Pear

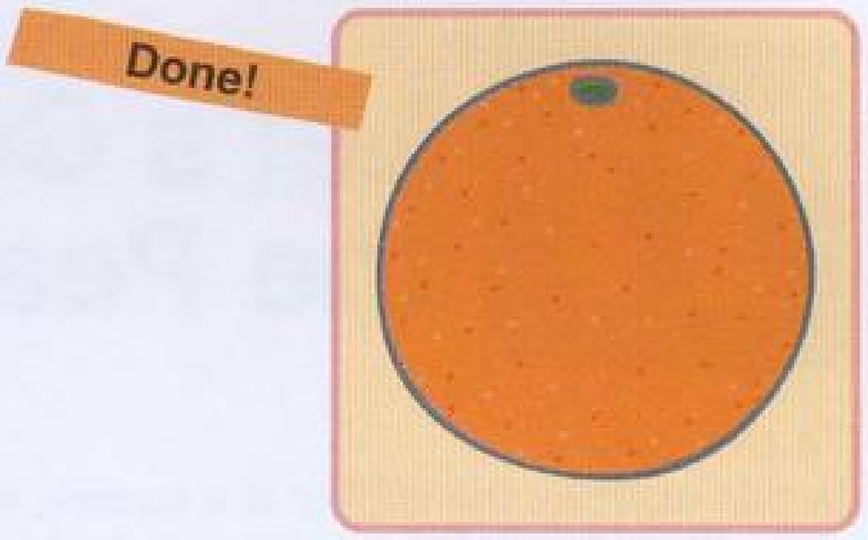
To parents

In this exercise the sticker is a square, so your child will have to align the edges of the sticker and white space. Gradually lead your child to paste more precisely so that the sticker completely covers the white area. When your child has completed the exercise, say "pear" aloud while pointing to the word.

Paste the sticker onto the pear.

pear

12 Let's Complete the Orange



To parents
Encourage your child to select the appropriate sticker by him- or herself and paste it in the designated area. However, it is not necessary to draw attention to mistakes or have him or her re-place the sticker.

Paste the sticker onto the orange.

orange

13 Let's Complete the Tomato

To parents

Please remove the fifth sheet of stickers and give it to your child. (This sheet is for exercises 13 through 16.) On this page your child will paste a triangular sticker. As this sticker is an equilateral triangle, your child can align the corners as he or she pleases.

Paste the sticker onto the tomato.

tomato

14 Let's Complete the Carrot

To parents

Your child will again paste a triangular sticker. This time, however, your child needs to pay attention to the orientation of the sticker as this triangle does not have 3 equal sides. Do not be concerned if the sticker is slightly off the white area. If he or she has successfully chosen the right orientation, offer lots of praise.

Paste the sticker onto the carrot.

carrot

15 Let's Complete the Eggplant

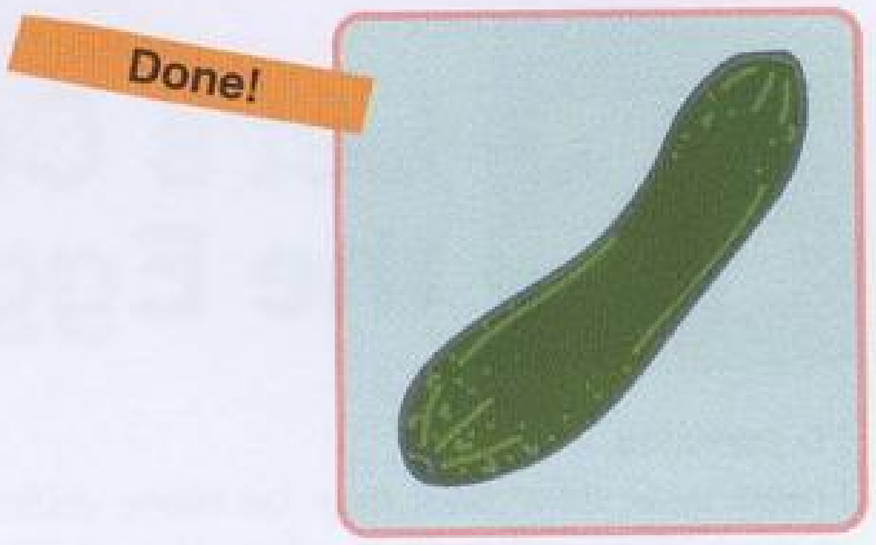
To parents

These next exercises may be more difficult than before, as your child will have to place the sticker correctly to fit the white space. When he or she has completed the exercise, say "eggplant" aloud while pointing to the word.

Paste the sticker onto the eggplant.

eggplant

16 Let's Complete the Cucumber



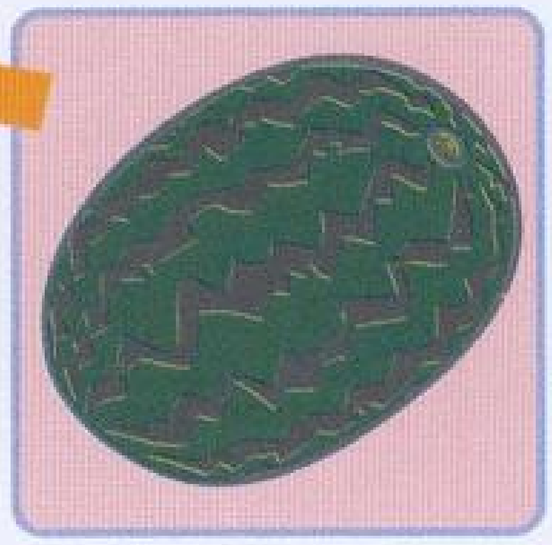
To parents
This is the last activity in which your child will use stickers. When your child has completed the exercise, say "cucumber" aloud while pointing to the word.

Paste the sticker onto the cucumber.

cucumber

17 Let's Paste the Watermelon

Done!



To parents

From this page on, your child will practice pasting with glue. In the beginning, you can put glue on the back of the cut out part for your child. Please do not be concerned if the image your child has created is not perfect. When he or she has completed the exercise, say "watermelon" aloud while pointing to the word.

Paste the cut out part onto the watermelon.

watermelon

✂ Parents, please cut this part out for your child. →

18 Let's Paste the Melon

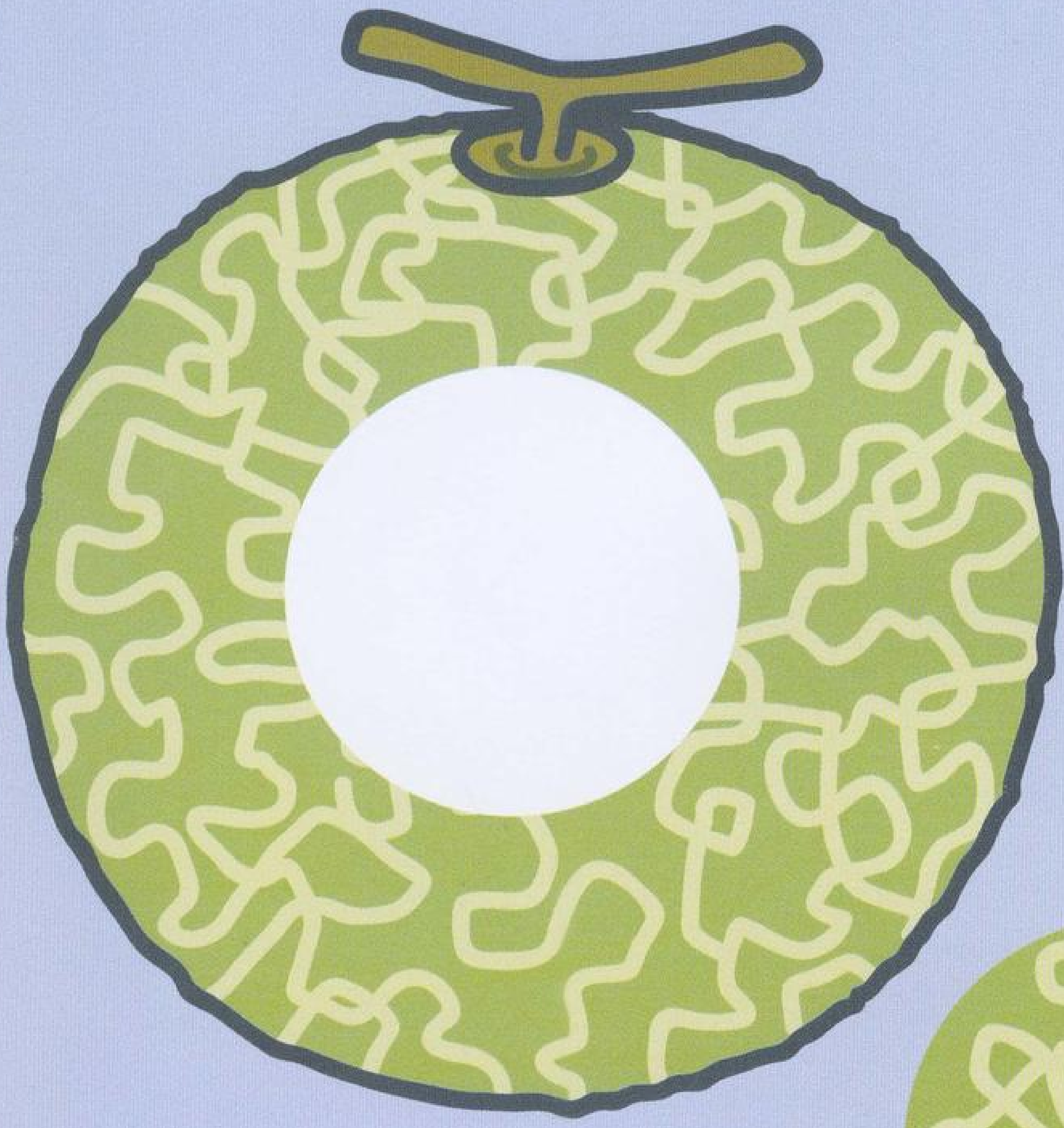
Done!

To parents

This melon has a pattern on it, but do not be concerned if the cut out piece is not placed perfectly onto the picture. The most important thing is for your child to enjoy pasting with glue. When your child has completed the exercise, say "melon" aloud while pointing to the word.

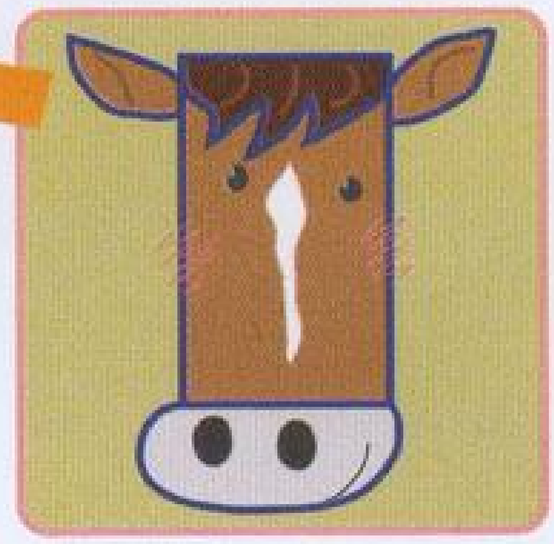
Paste the cut out part onto the melon.

melon



✂ Parents, please cut this part out for your child. →

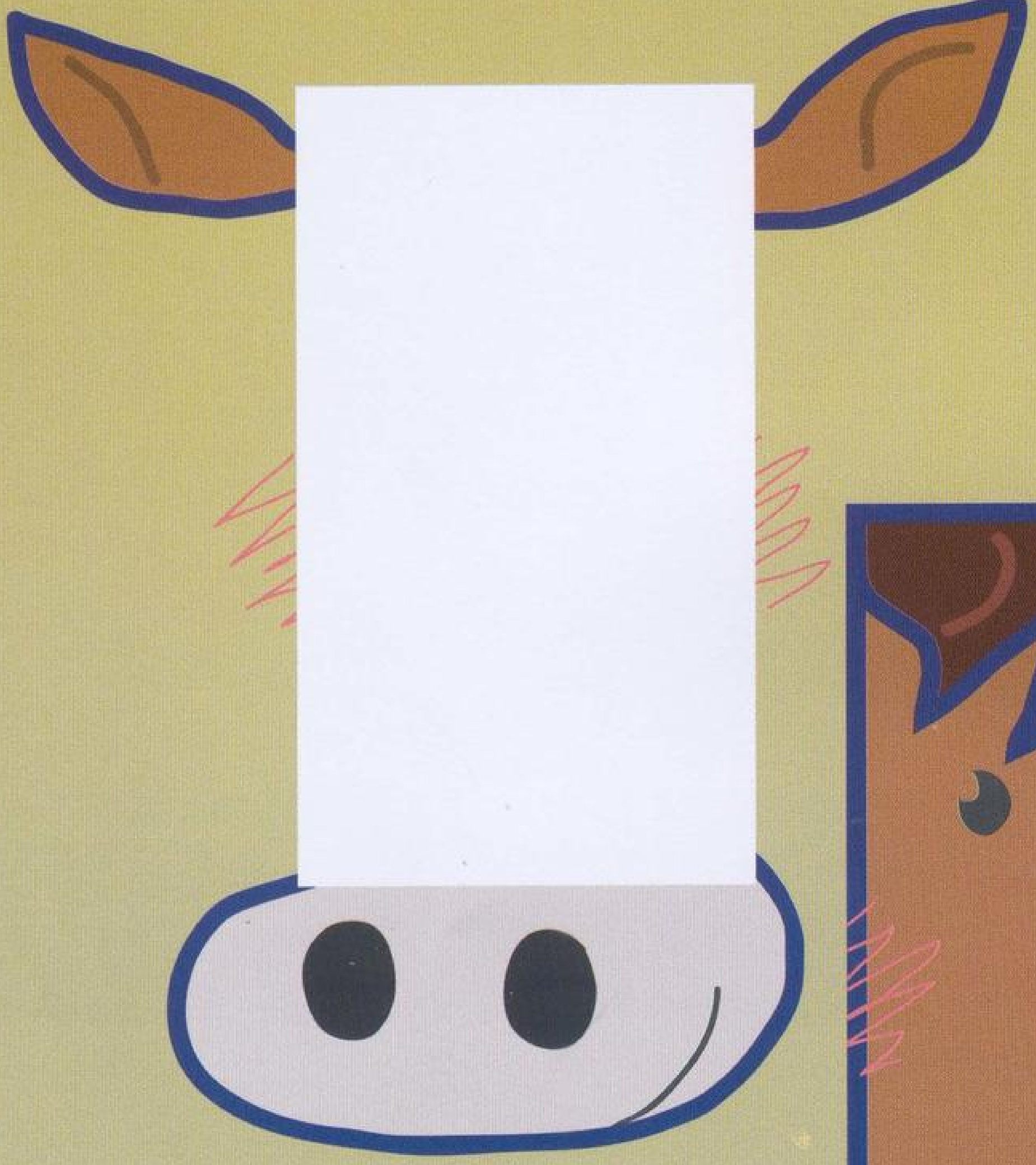
19 Let's Paste the Horse

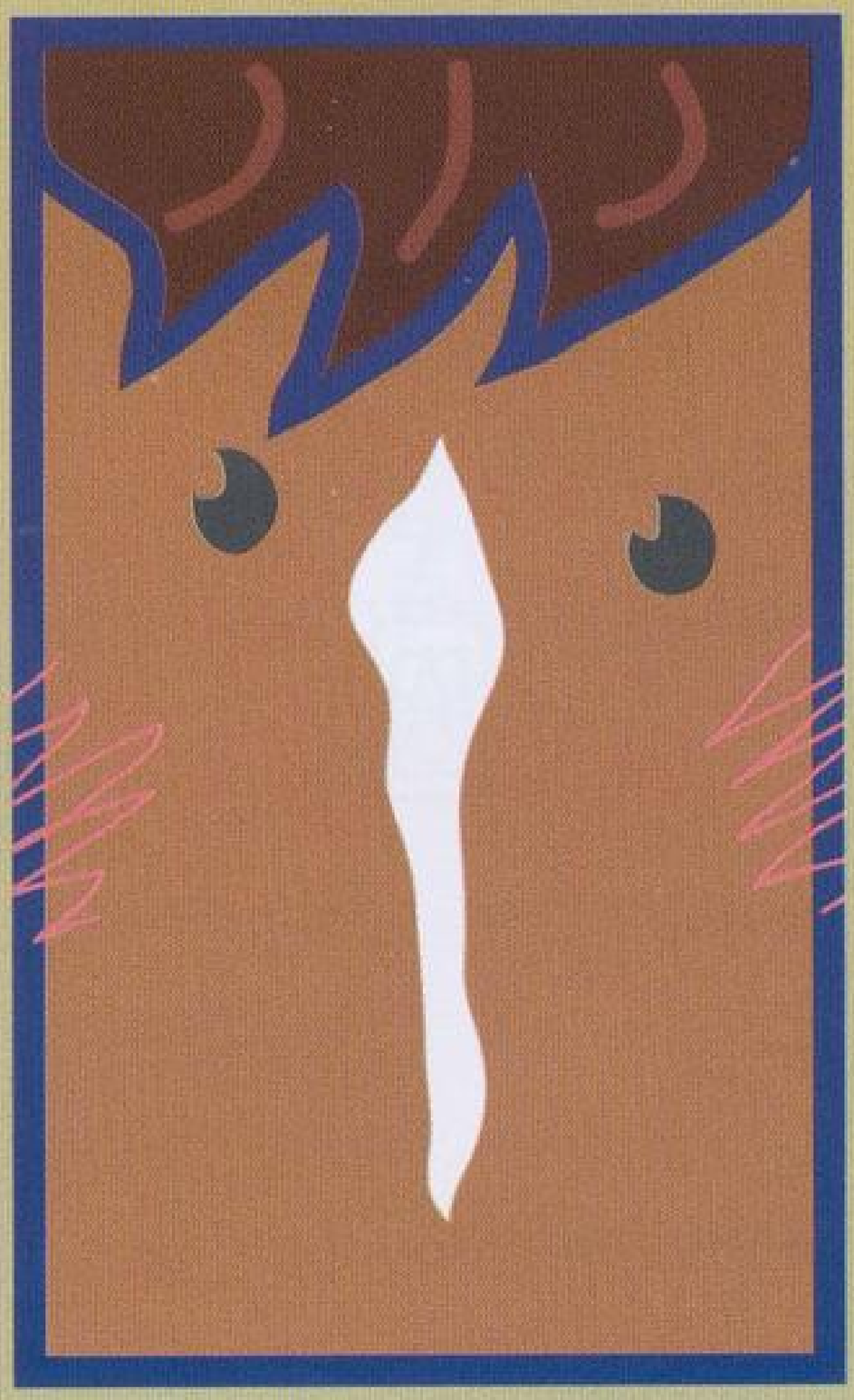


To parents
The next several exercises deal with animals. You can mimic the sounds they make for your child.

Paste the cut out part
to complete the horse's face.

horse





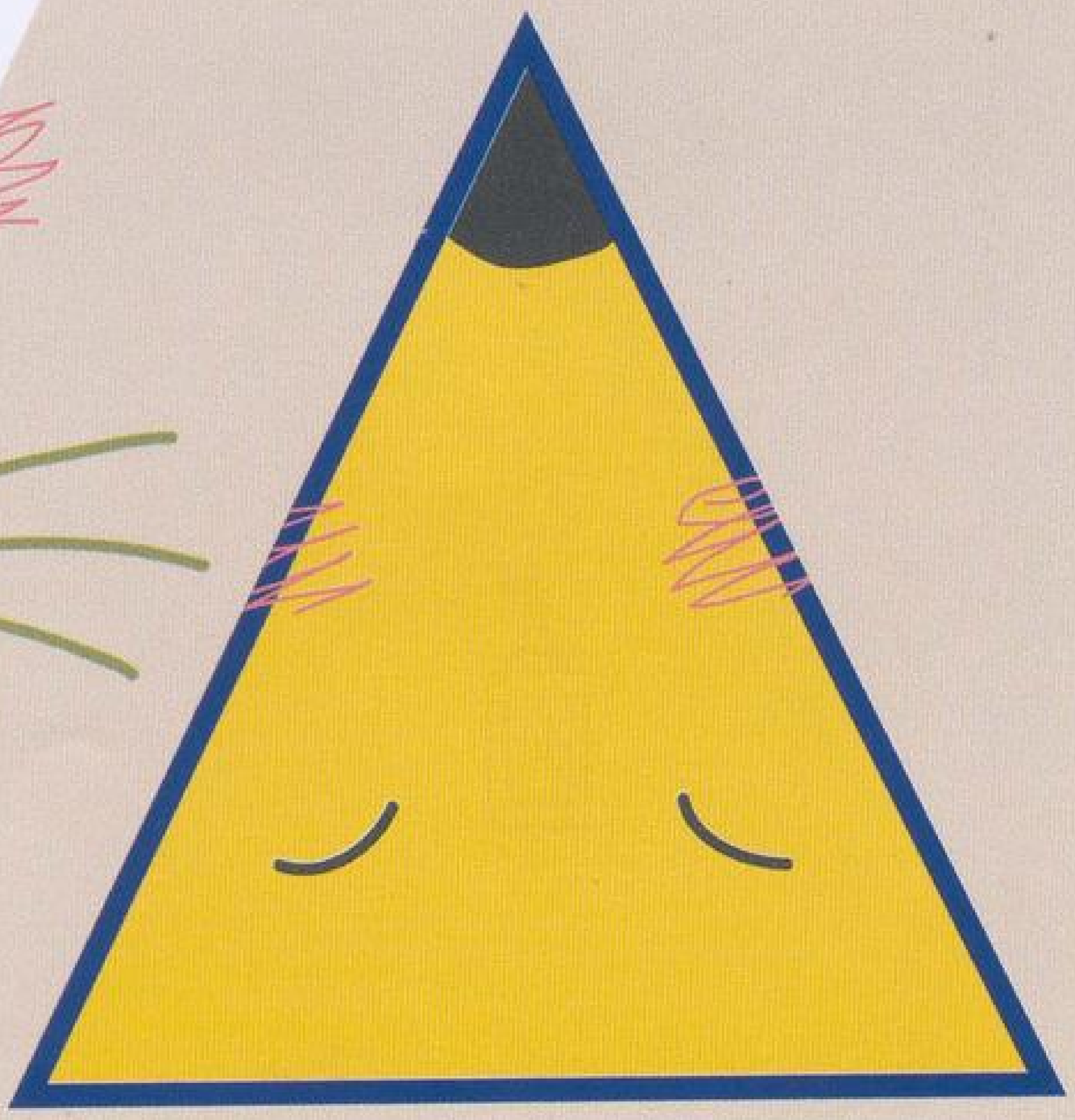
✂ Parents, please cut this part out for your child. →

20 Let's Paste the Fox

To parents
The white area for pasting is designed to be smaller than the cut out part so that no white will show if your child cannot paste neatly. If your child seems to be having difficulty pasting the part in the correct direction, you can turn the part around when you hand it to him or her.

Paste the cut out part to complete the fox's face.

fox



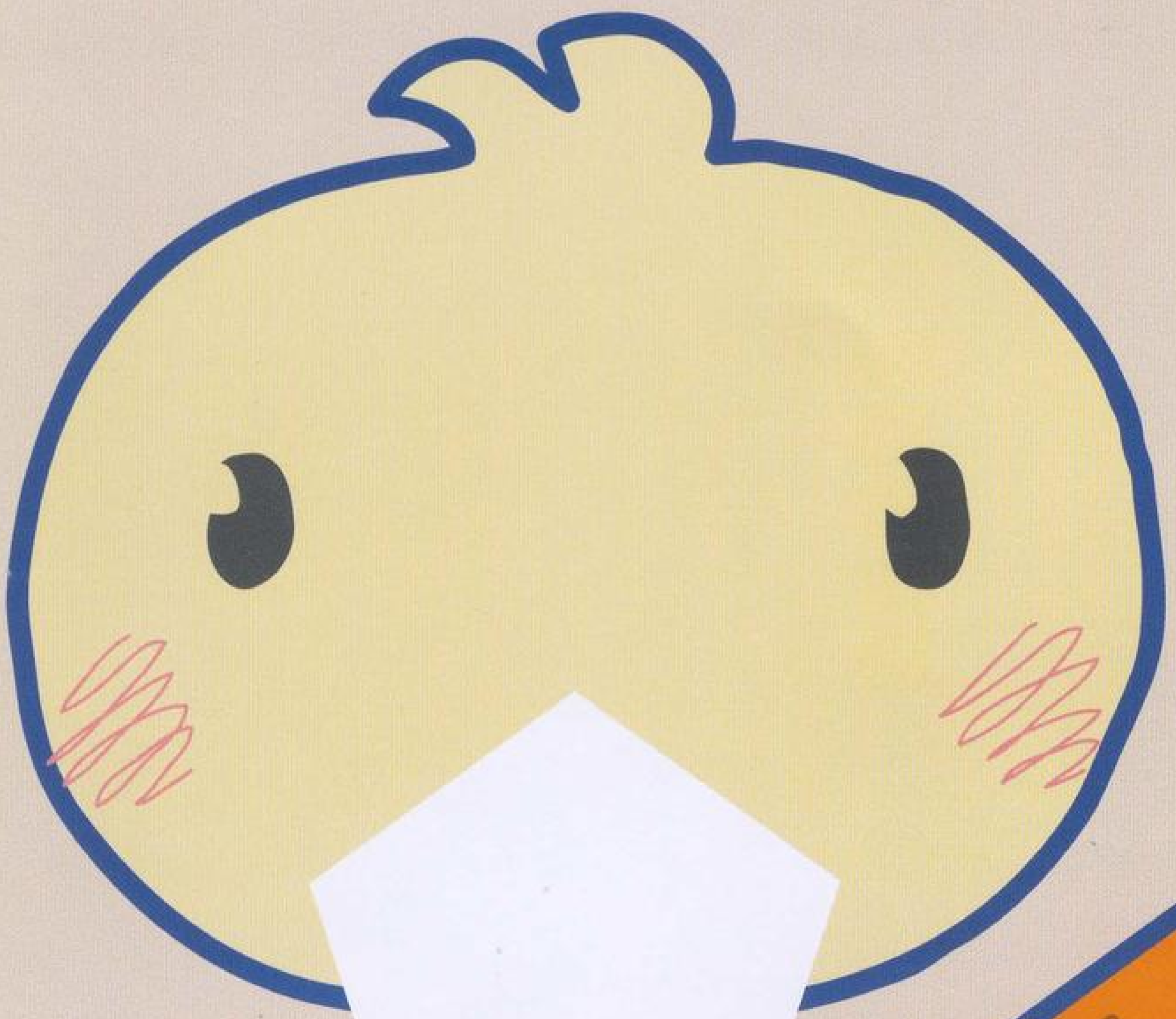
✂ Parents, please cut this part out for your child. →

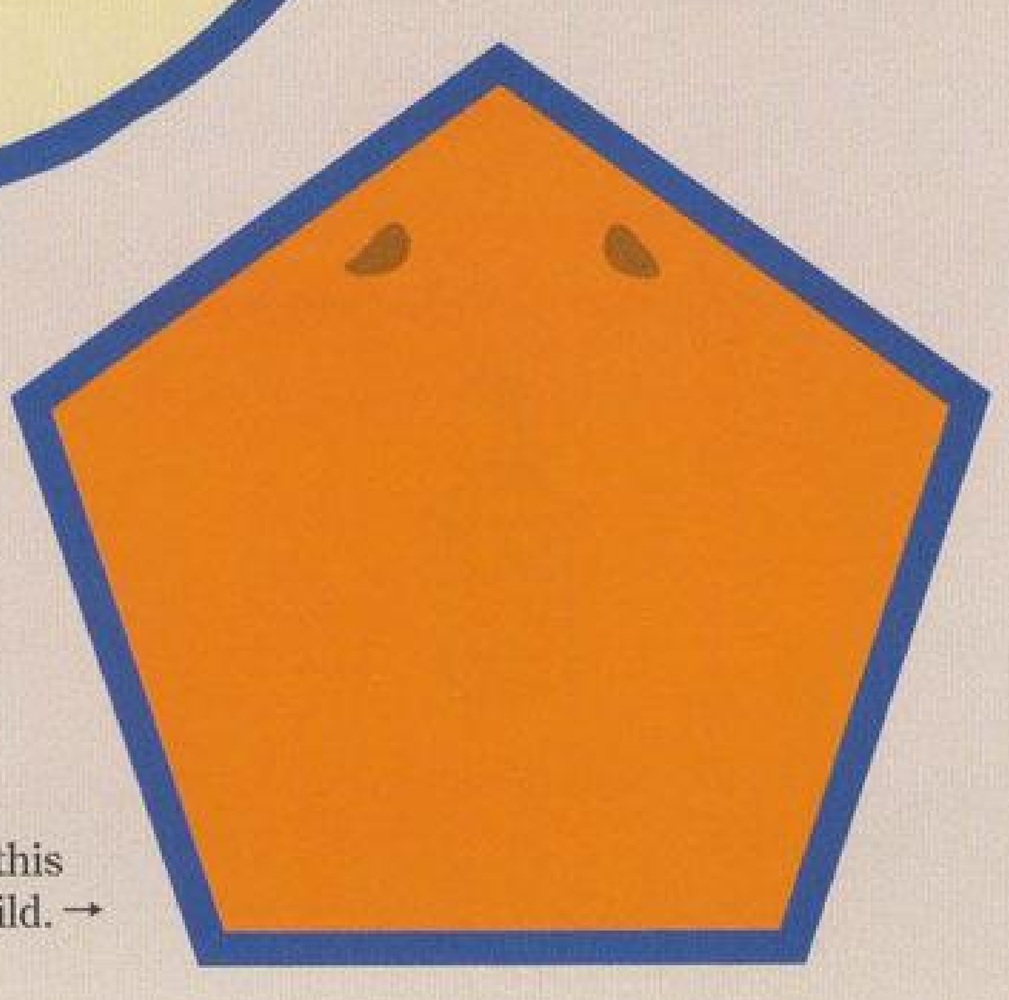
27 Let's Paste the Duck

To parents
Before your child starts pasting, encourage him or her to look carefully at the sample on the right and the shape of the white area. If your child seems to be having difficulty, you can turn the part around to the right direction when you hand it to him or her.

Paste the cut out part
to complete the duck's face.

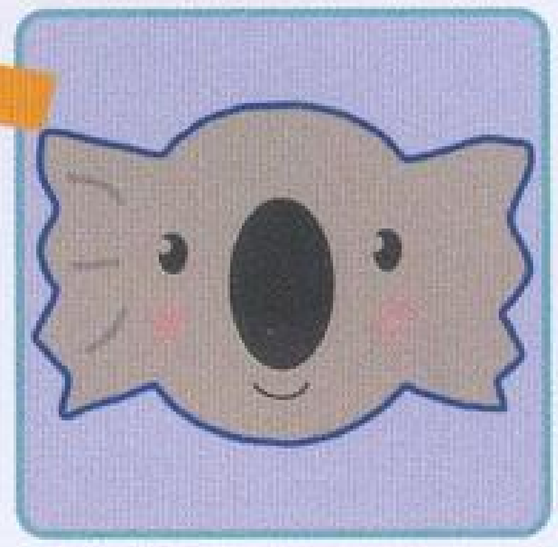
duck





✂ Parents, please cut this part out for your child. →

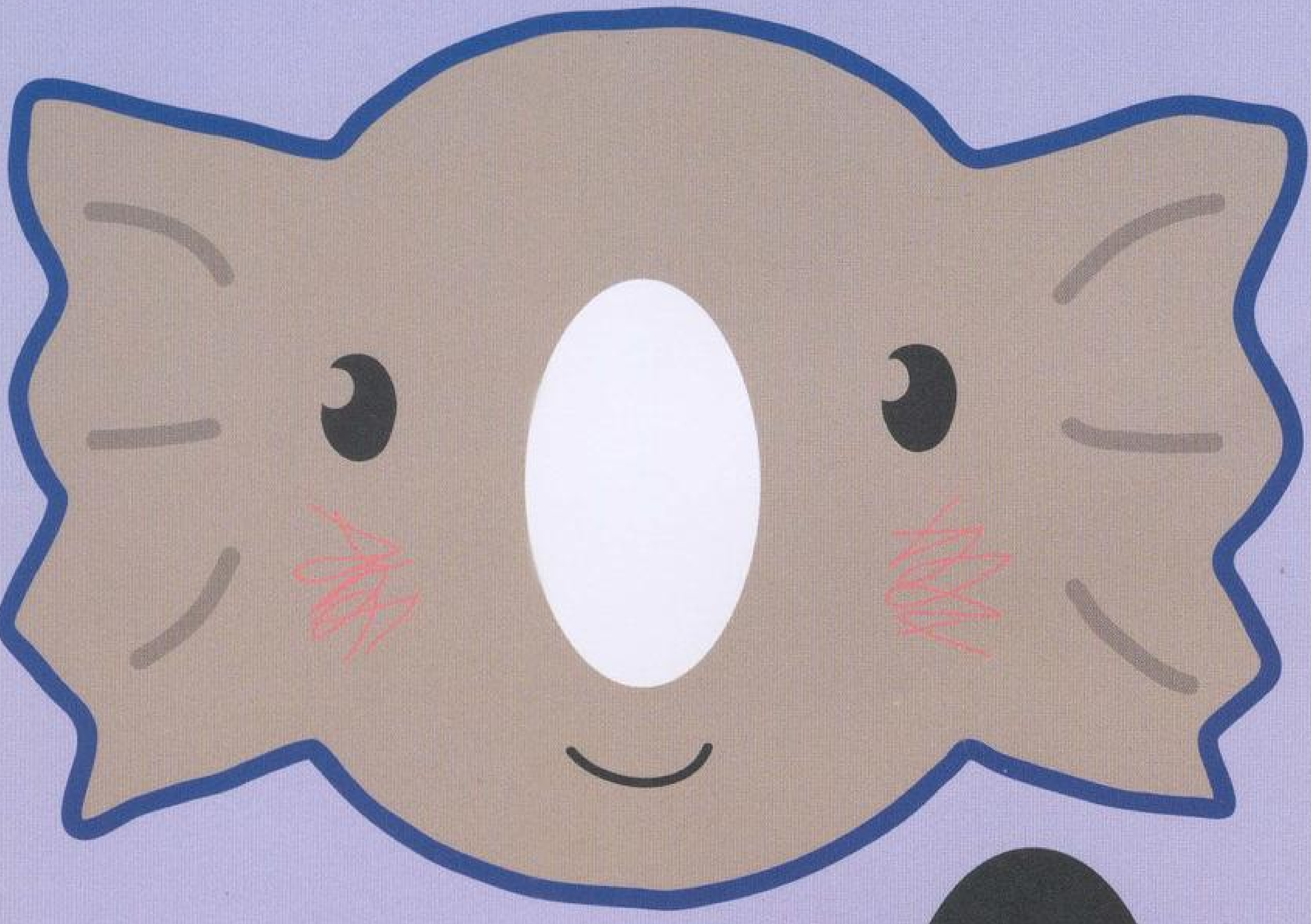
22 Let's Paste the Koala



To parents
Have your child hold the cut out part with a dry hand and spread the glue with the other hand. When he or she has completed the exercise, offer lots of praise.

Paste the cut out part
to complete the koala's face.

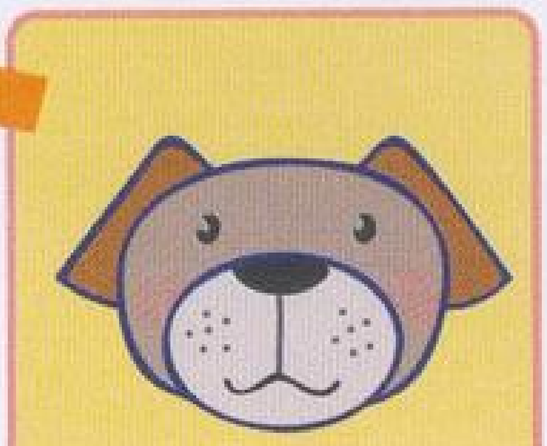
koala



✂ Parents, please cut this part out for your child. →

23 Let's Paste the Dog

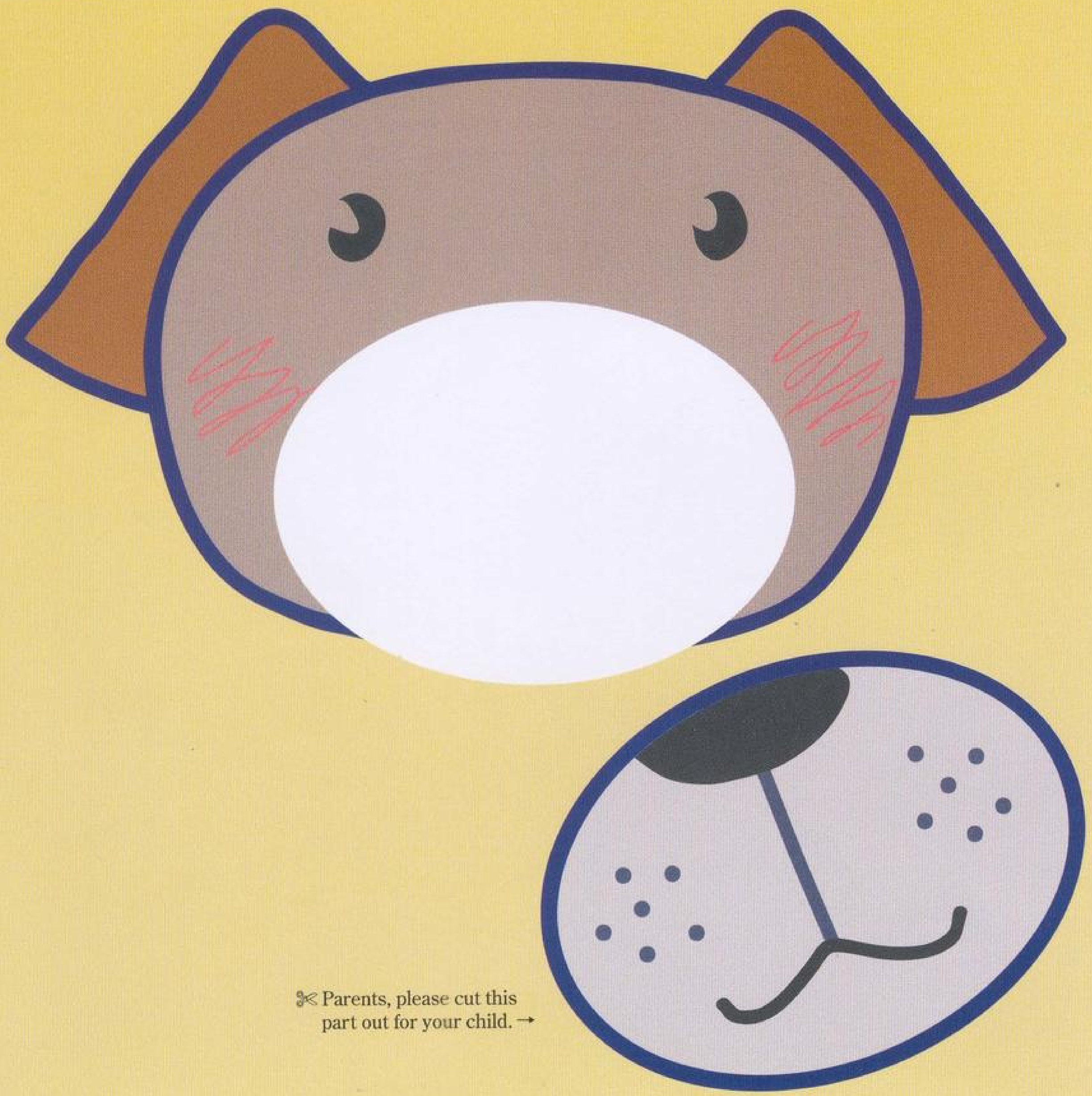
Done!



To parents
Animal faces are familiar for children, so it is relatively easy for them to decide which direction the cut out piece should go. If he or she has successfully chosen the right direction, offer lots of praise.

Paste the cut out part
to complete the dog's face.

dog



✂ Parents, please cut this part out for your child. →

24 Let's Paste the Panda

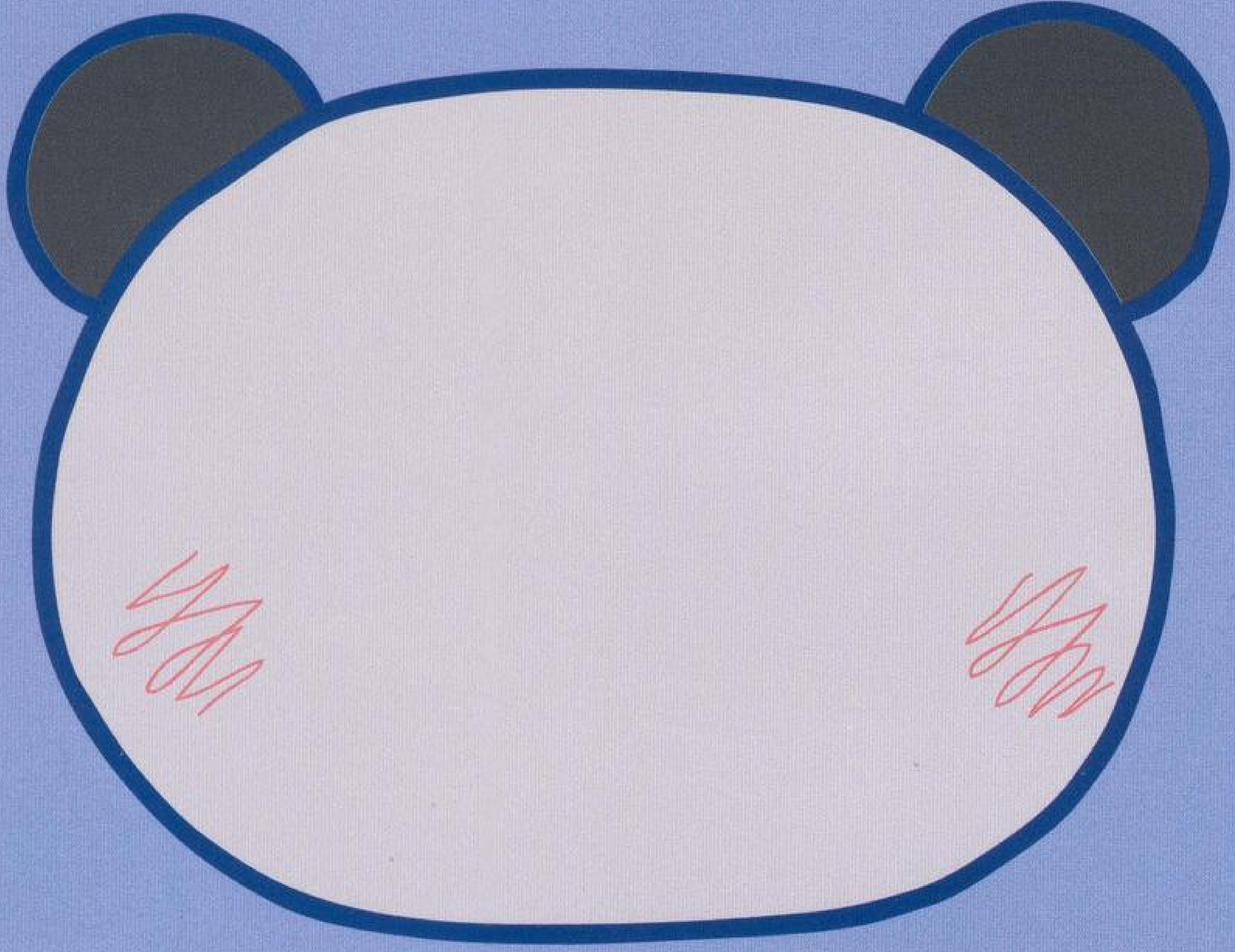
Example

To parents

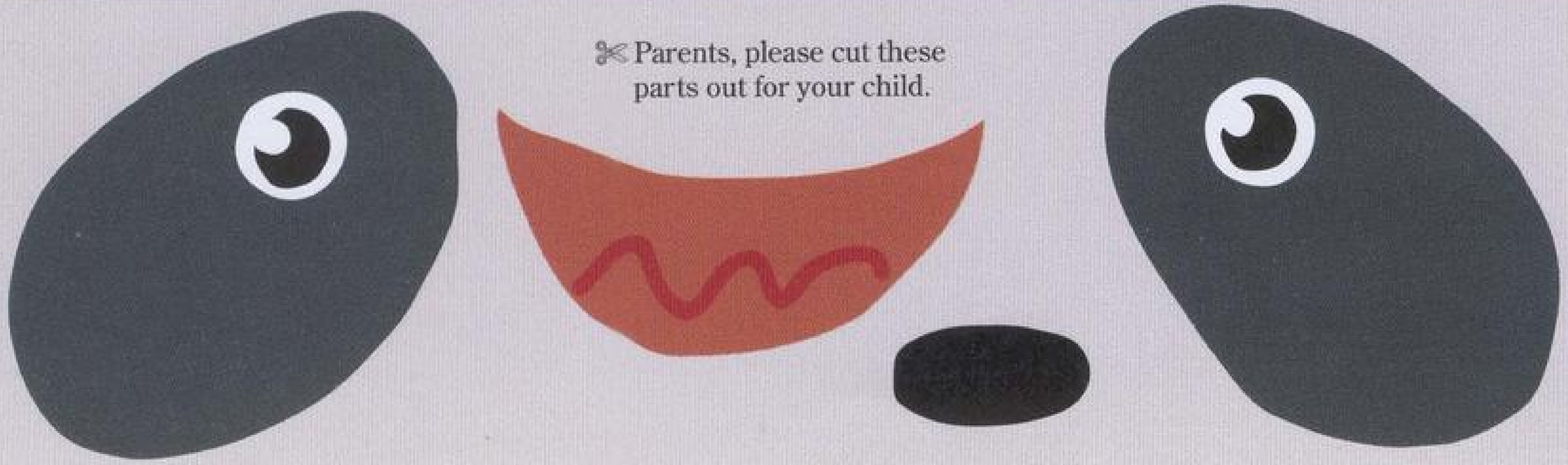
On this and the following pages, your child will paste several parts onto an animal's face. Before pasting the parts, you and your child can enjoy arranging them on the face in various ways to try out different facial expressions.

Paste the cut out parts
to complete the panda's face.

panda

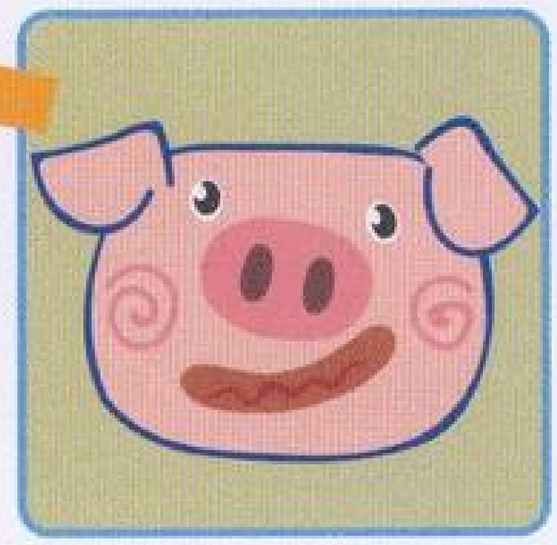


✂ Parents, please cut these parts out for your child.



25 Let's Paste the Pig

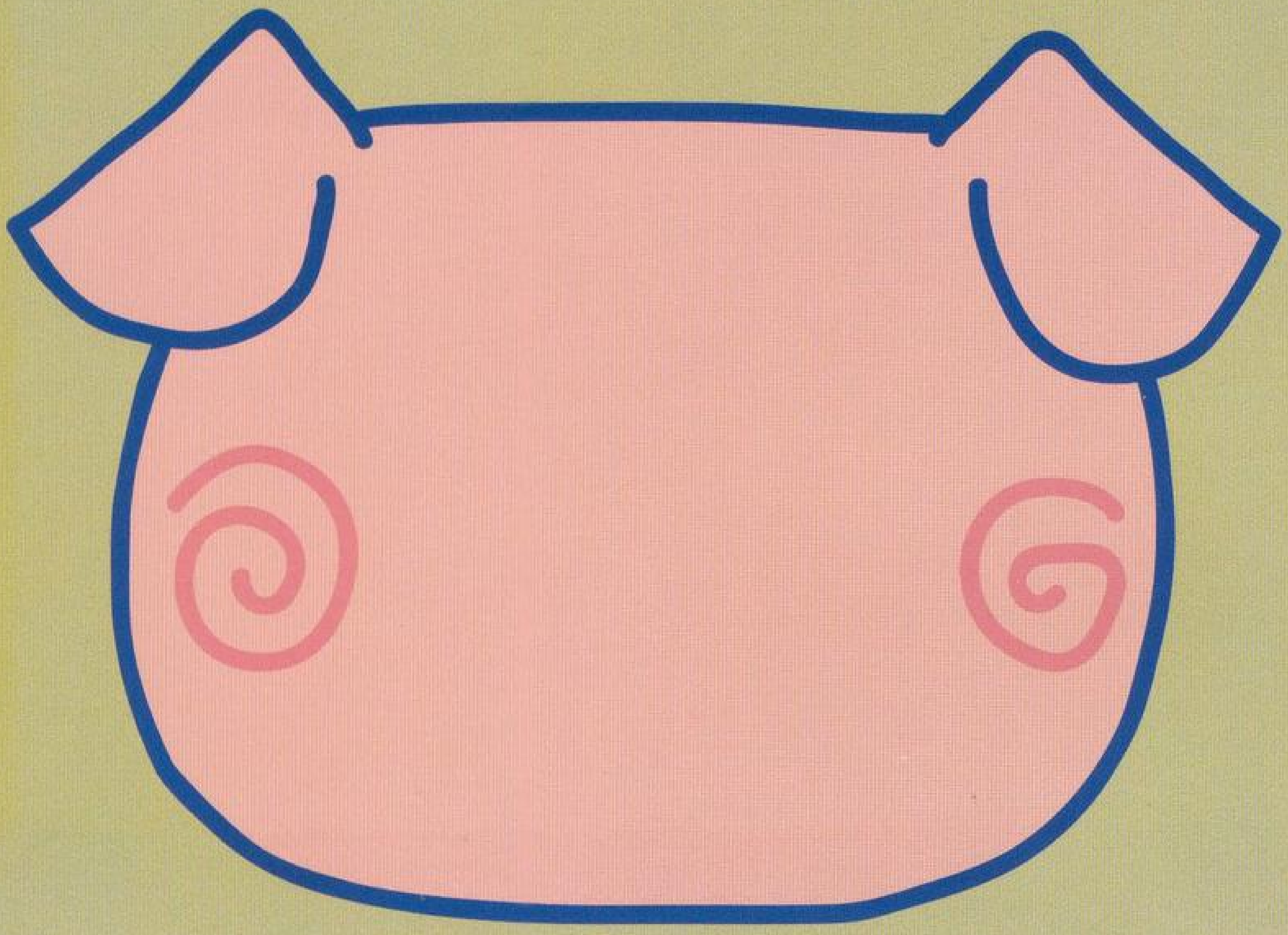
Example

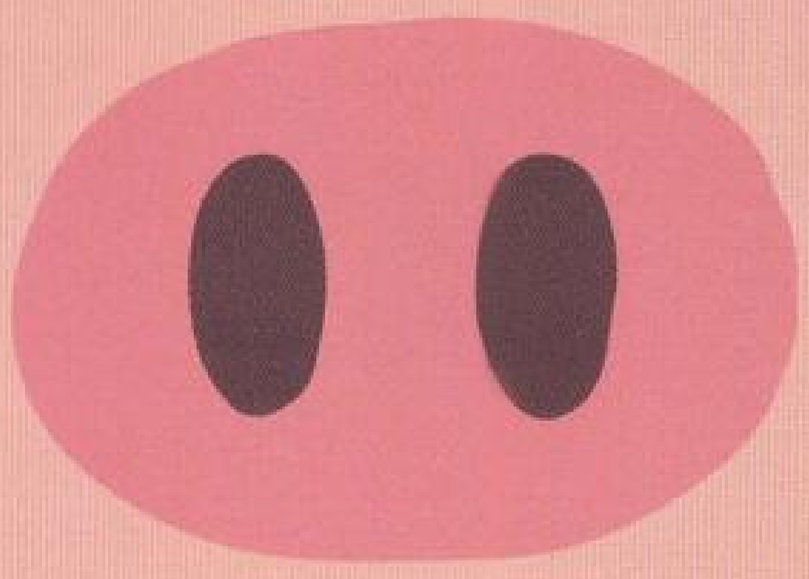


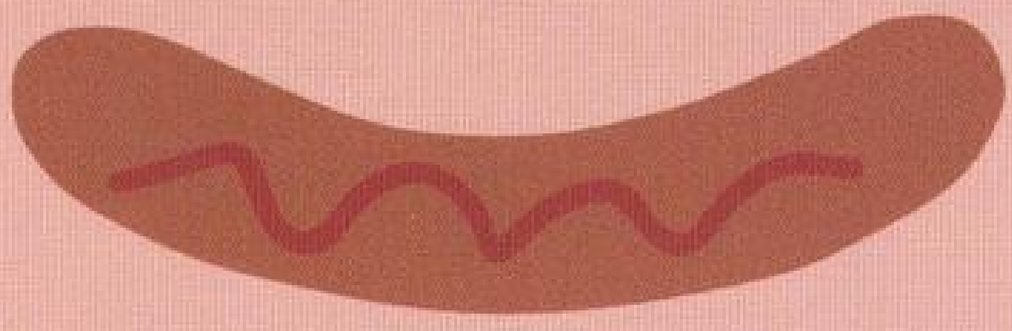
To parents

Pasting small parts is not easy for young children. It is okay if the completed image does not look like the example. When your child has completed the exercise, offer lots of praise, and say the word "pig" aloud. Then say the words "eyes," "nose," and "mouth" while pointing to the appropriate parts.

Paste the cut out parts to complete the pig's face. pig







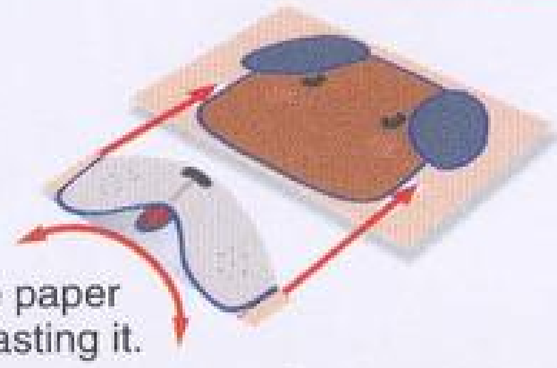
✂ Parents, please cut these parts out for your child.

26 Let's Paste the Dog's Mouth

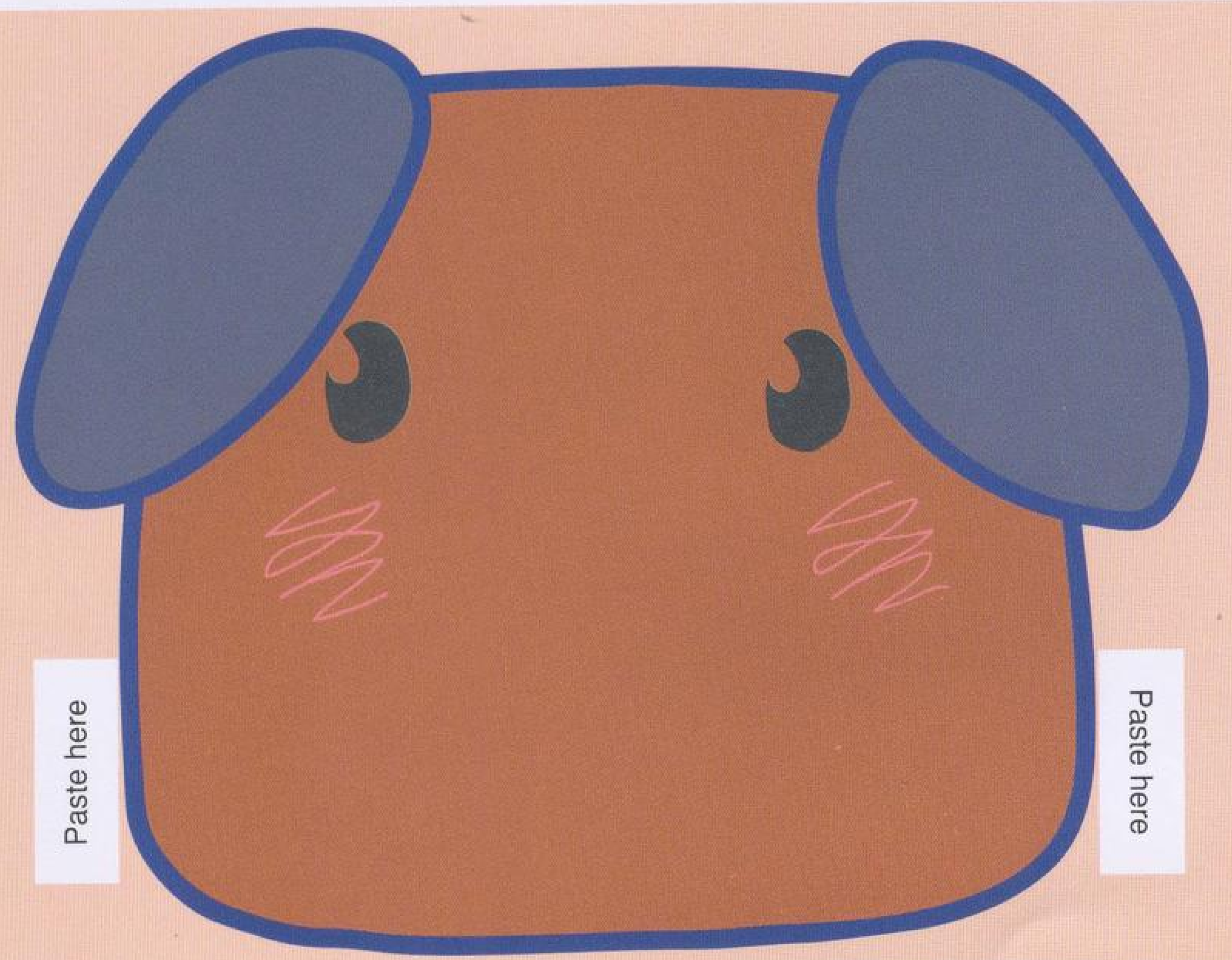
To parents

From this page on, your child will practice putting glue on the marked tabs on the back of certain cut out parts. It is okay if your child cannot paste neatly. When your child has completed this exercise, the dog's mouth should bulge out slightly to make a more 3D picture.

Paste the cut out part
to complete the dog's face.

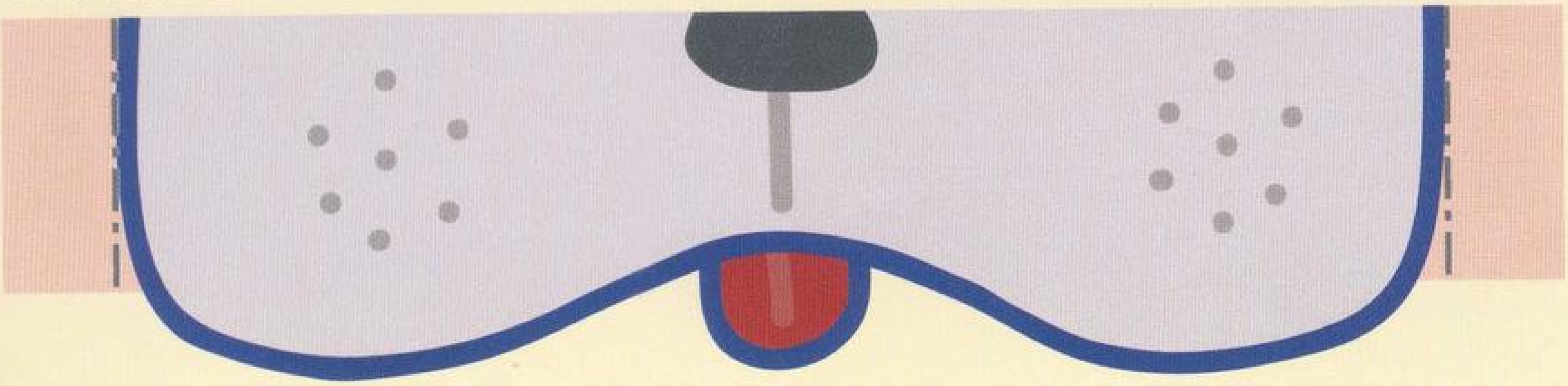


dog



Fold upwards along ▬·▬.

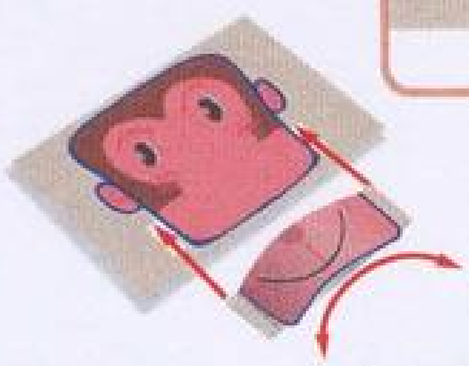
✂ Parents, please cut this part out for your child. ↓



27 Let's Paste the Monkey's Mouth

To parents

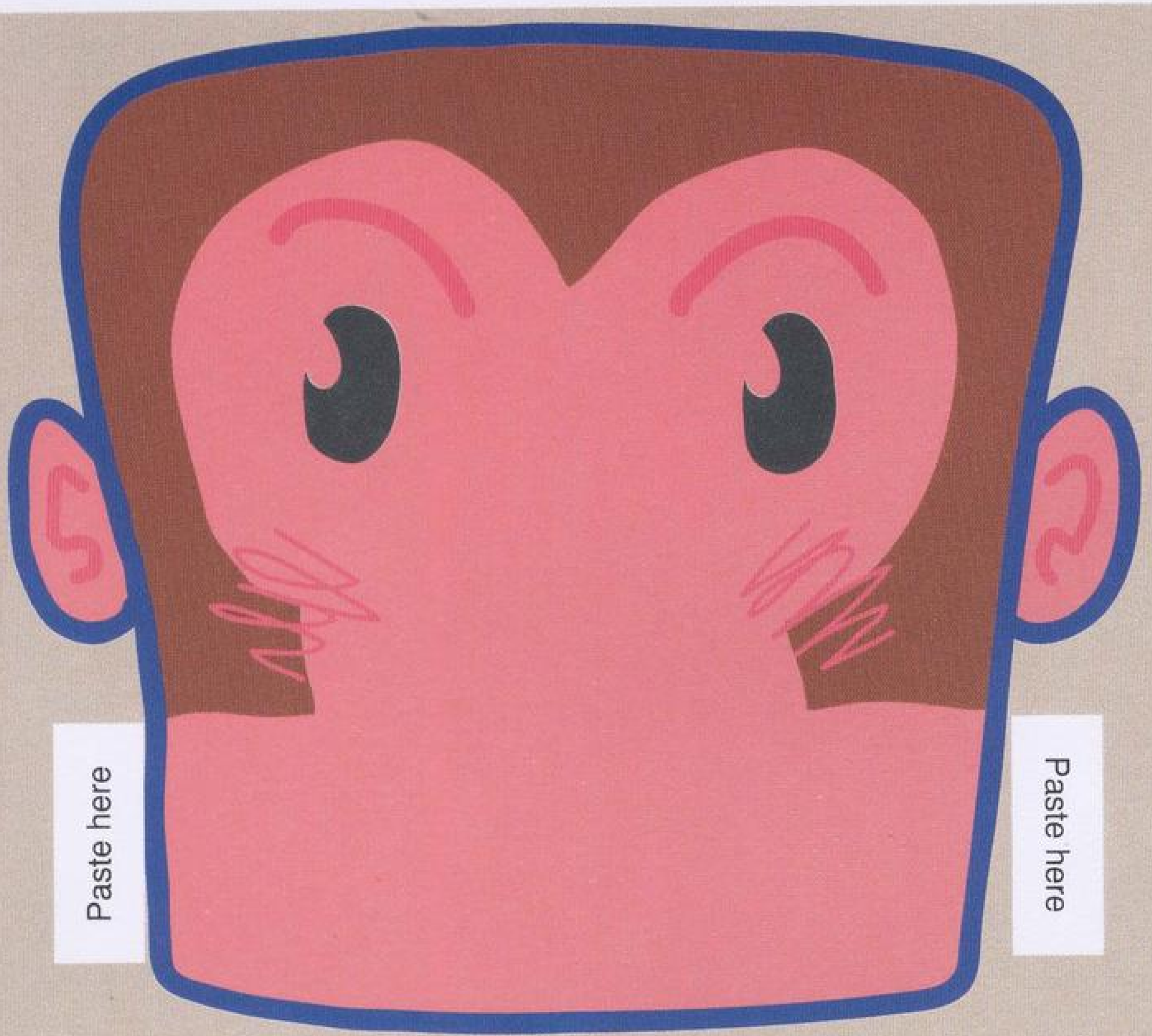
This exercise requires fairly advanced pasting skills. Instead of pasting both sides of the cut out part at the same time, it is a good idea to paste each side separately. When your child is finished, offer lots of praise and say "monkey" aloud while pointing to the word.



Bend the paper before pasting it.

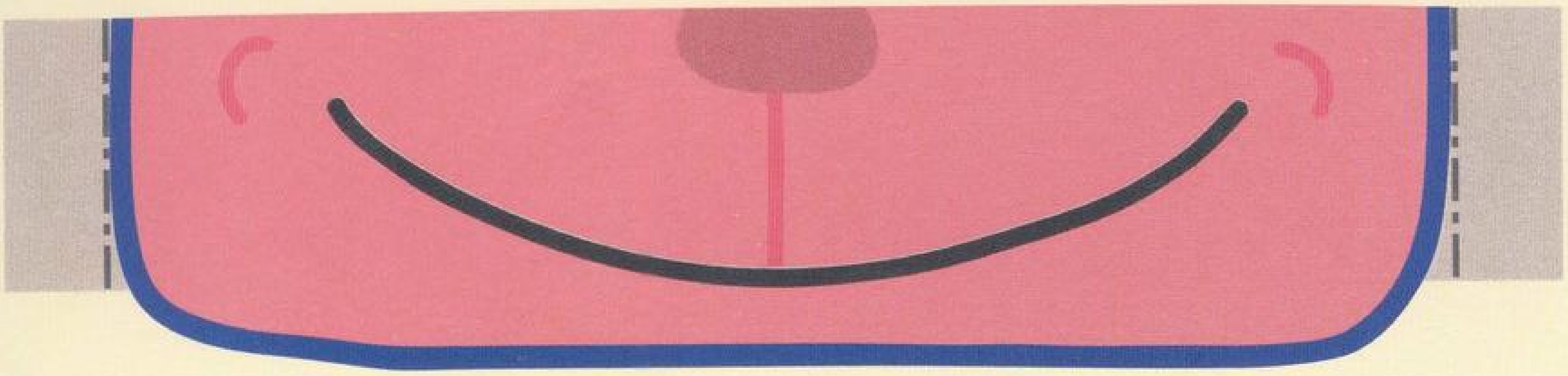
Paste the cut out part to complete the monkey's face.

monkey

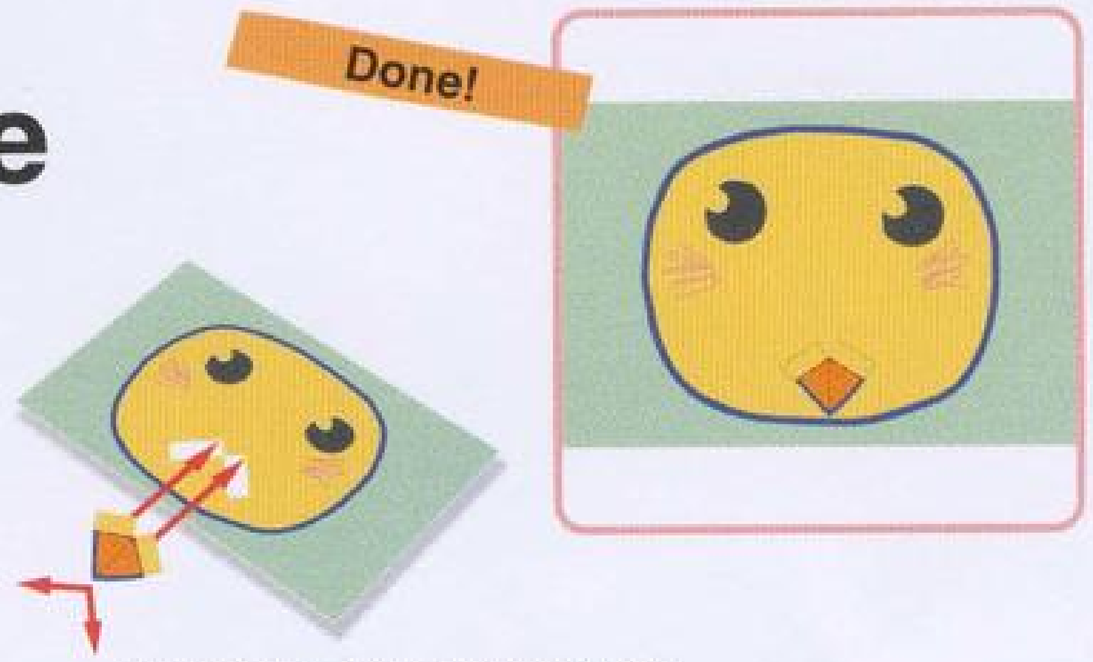


Fold upwards along ▬·▬.

✂ Parents, please cut this part out for your child. ↓



28 Let's Paste the Chick's Beak



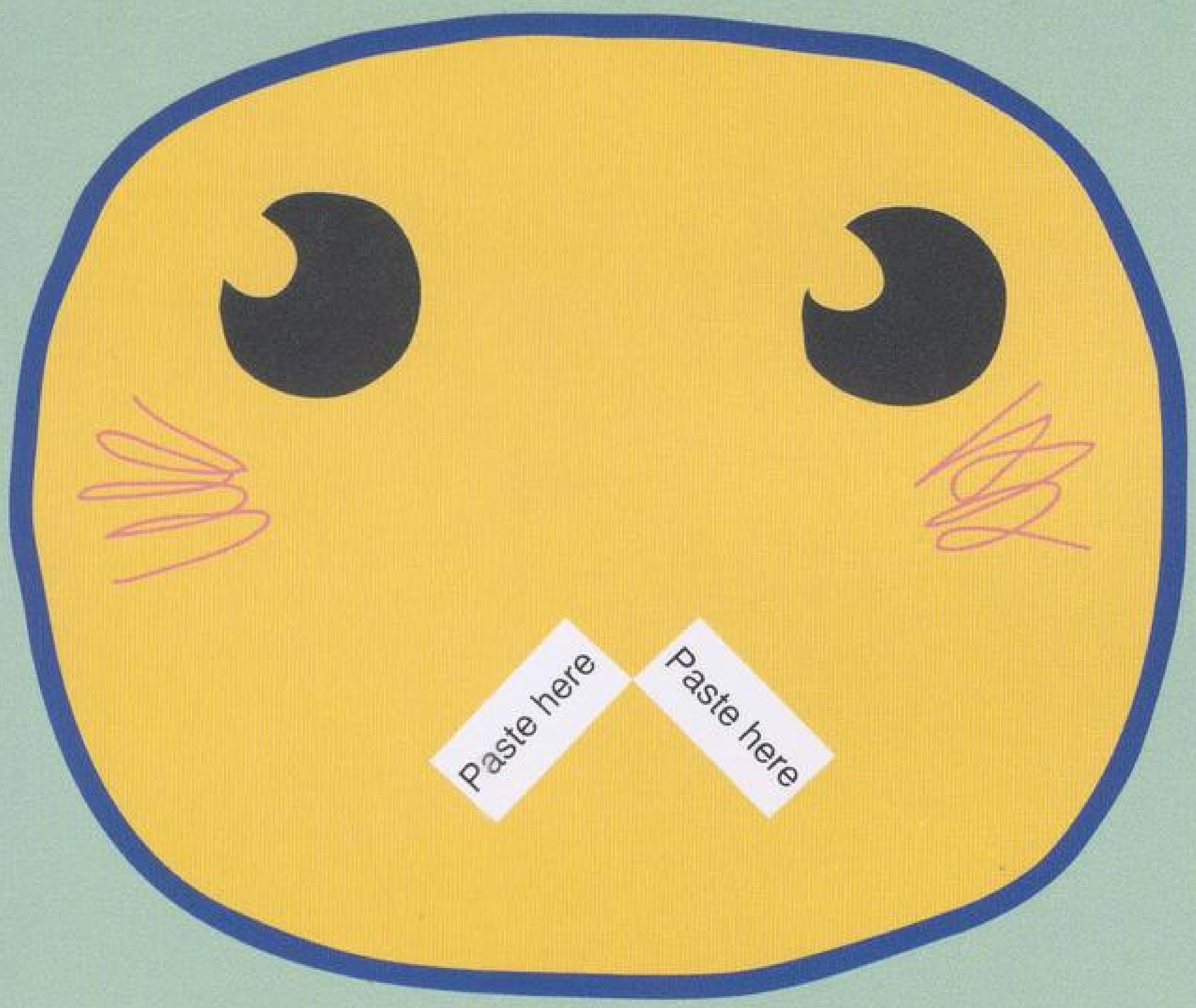
Fold downwards in the center.

To parents

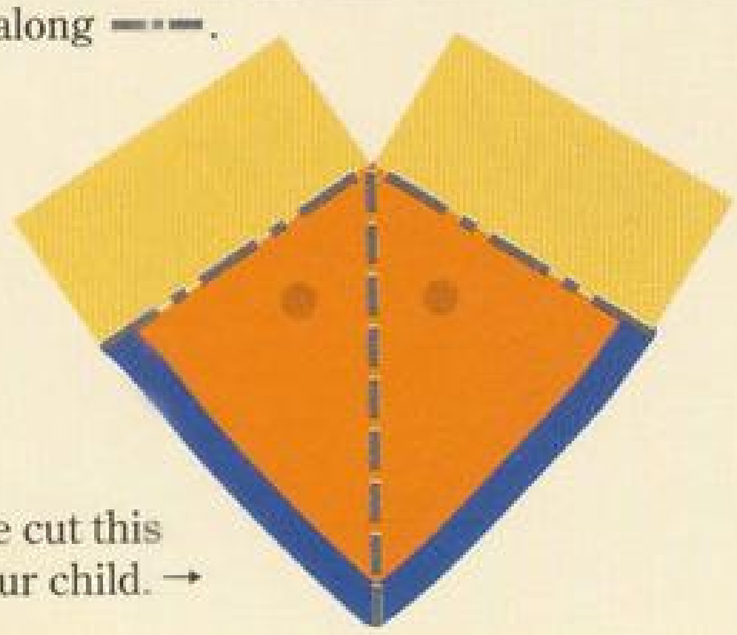
Before pasting, please fold the cut out part according to the directions below. If your child seems to be having difficulty folding and deciding where to paste the part, you can offer to help. When the exercise is finished, you can encourage your child by displaying his or her work.

Paste the cut out part to complete the chick's face.

chick



Fold downwards along — —. Fold upwards along — · —.

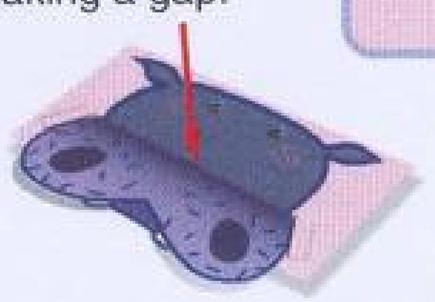


✂ Parents, please cut this part out for your child. →

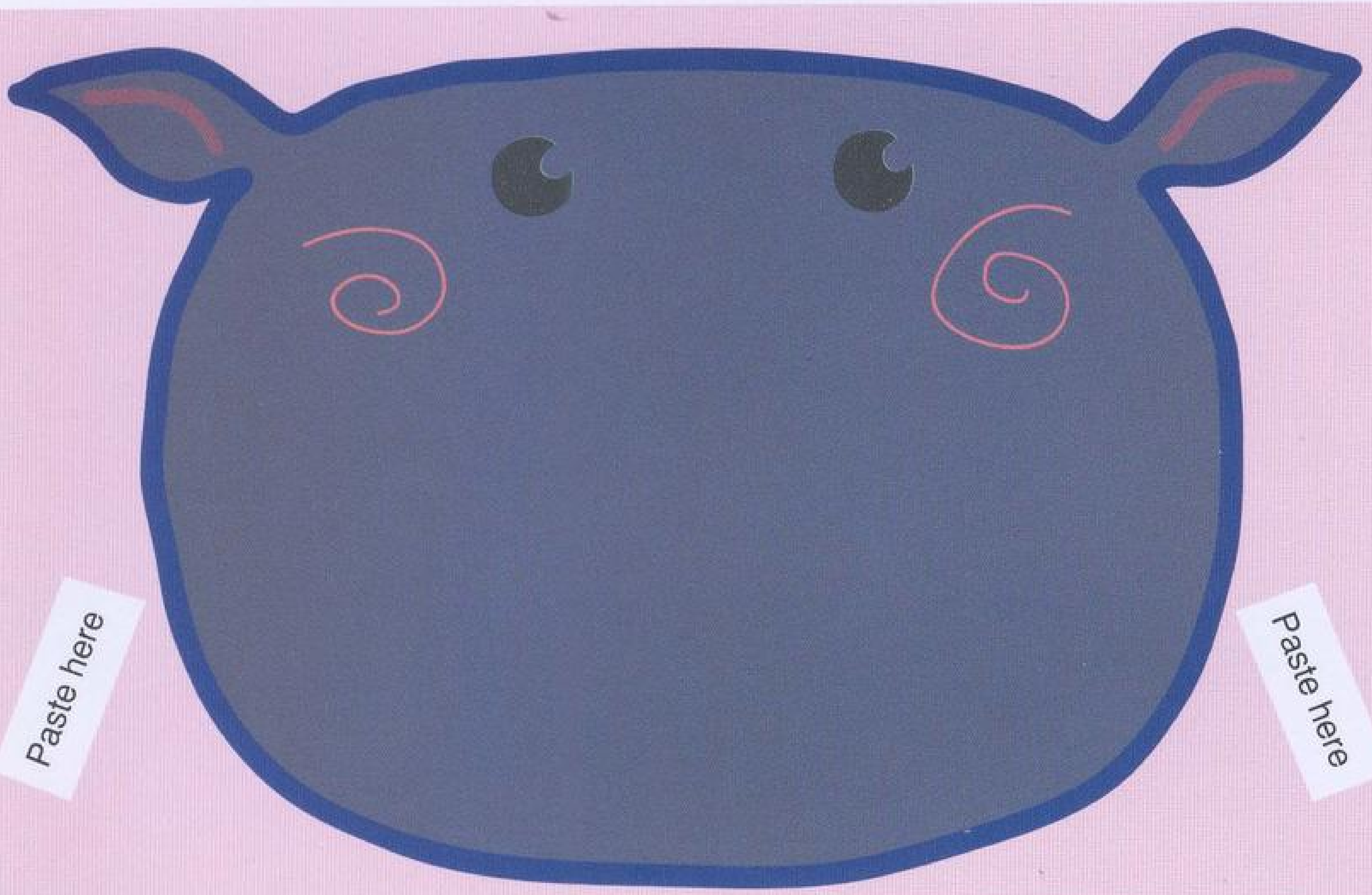
29 Let's Paste the Hippo's Mouth

To parents
This exercise requires a difficult pasting skill. If your child seems to be having difficulty, please offer to help. Play with your child using what he or she has made so far.

When pasting the cut out part, avoid making a gap.

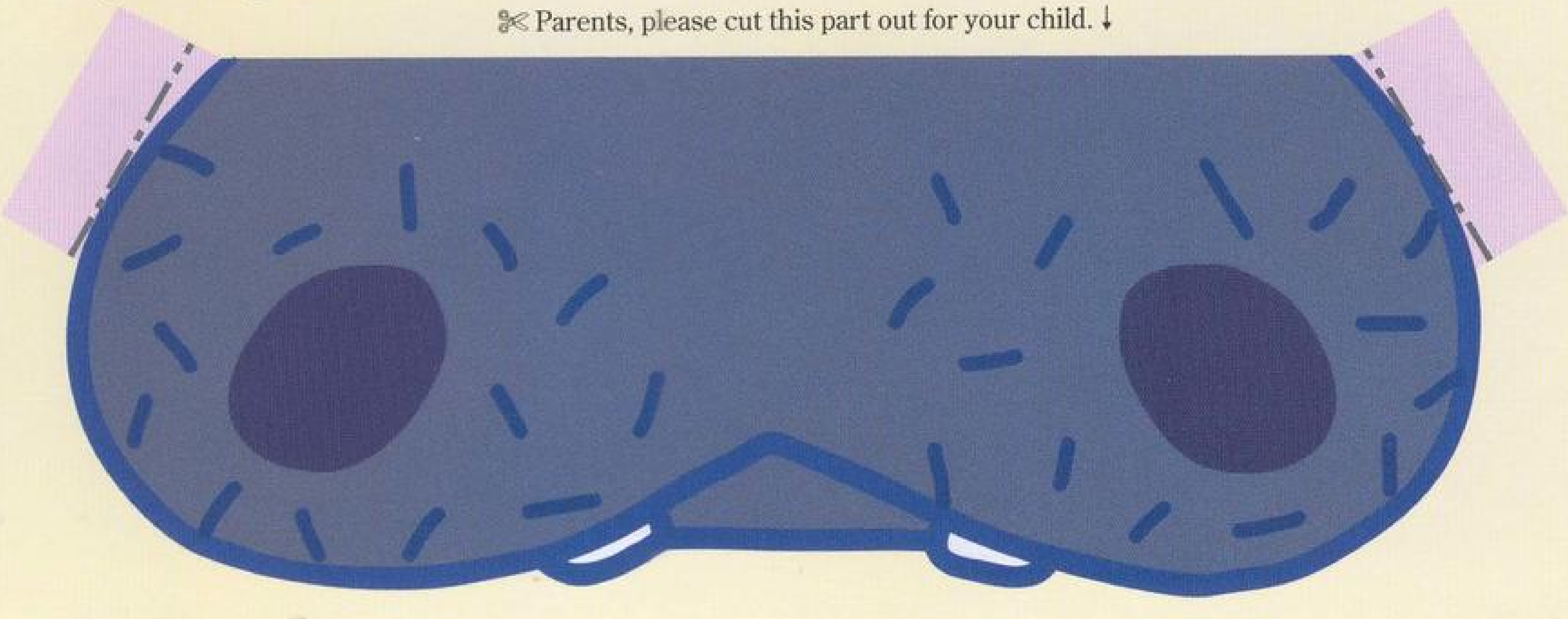


Paste the cut out part to complete the hippo's face. hippo



Fold upwards along ---.

✂ Parents, please cut this part out for your child. ↓



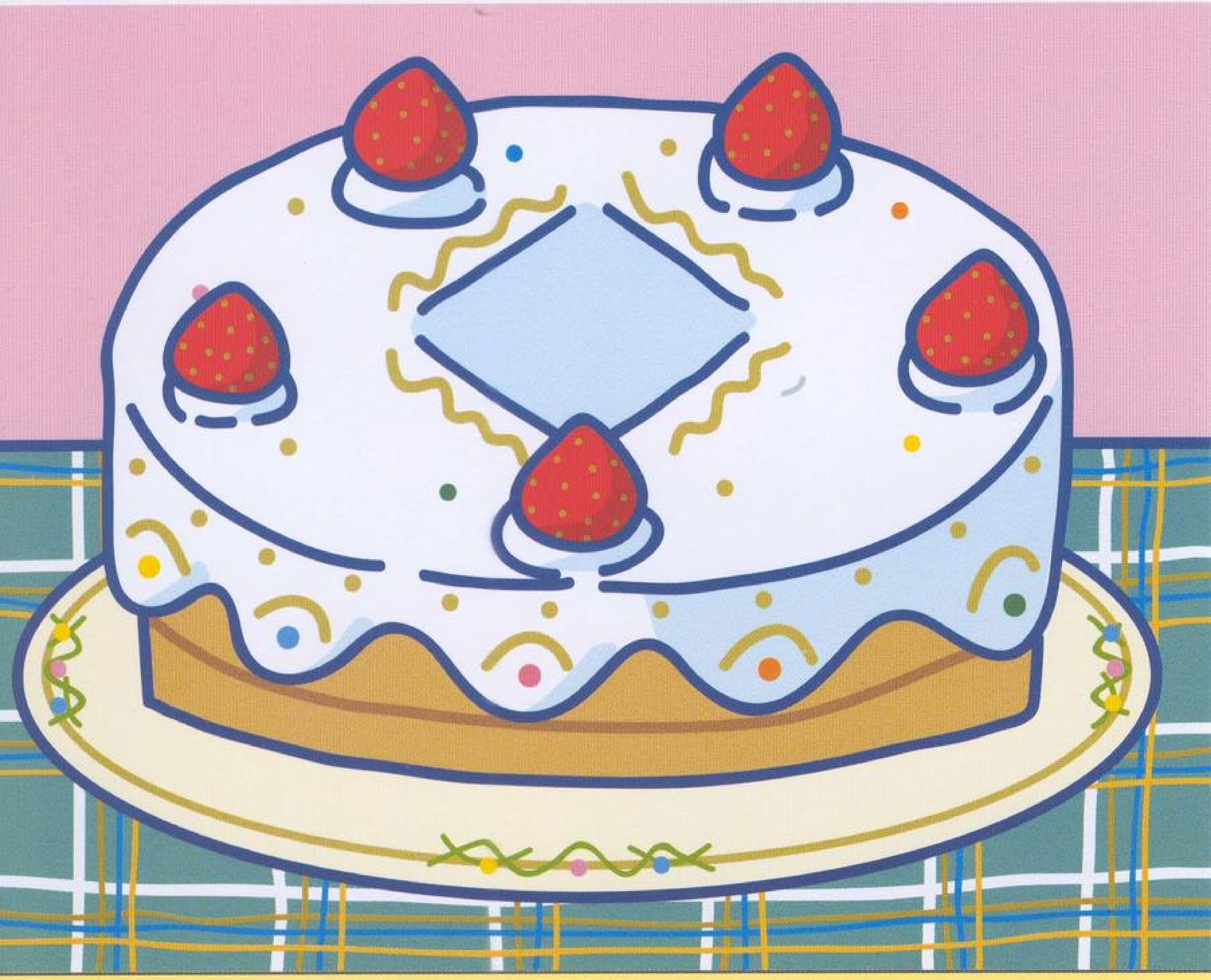
30 Happy Birthday!

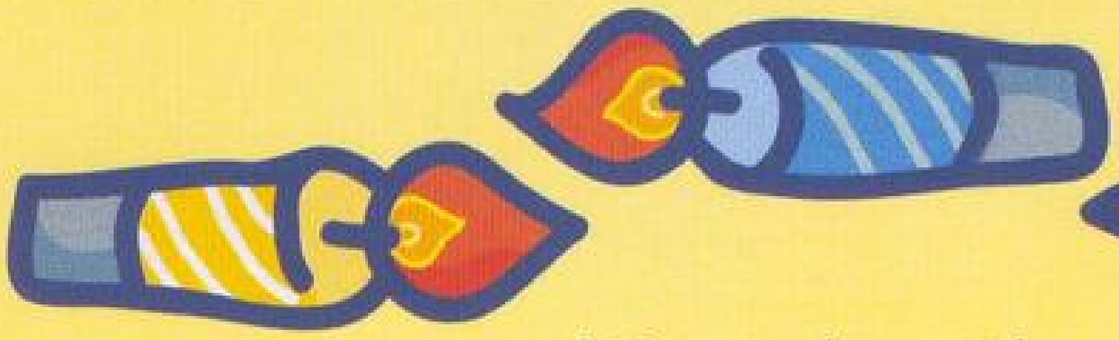
Example

To parents
When your child has completed the exercise, think about how much he or she has improved compared with the beginning of the book. Please offer lots of praise and say something like, "You're getting really good!"

Paste the candles and the chocolate onto the cake.

cake





✂ Parents, please cut these parts out for your child.

31 Let's Put Away the Toys

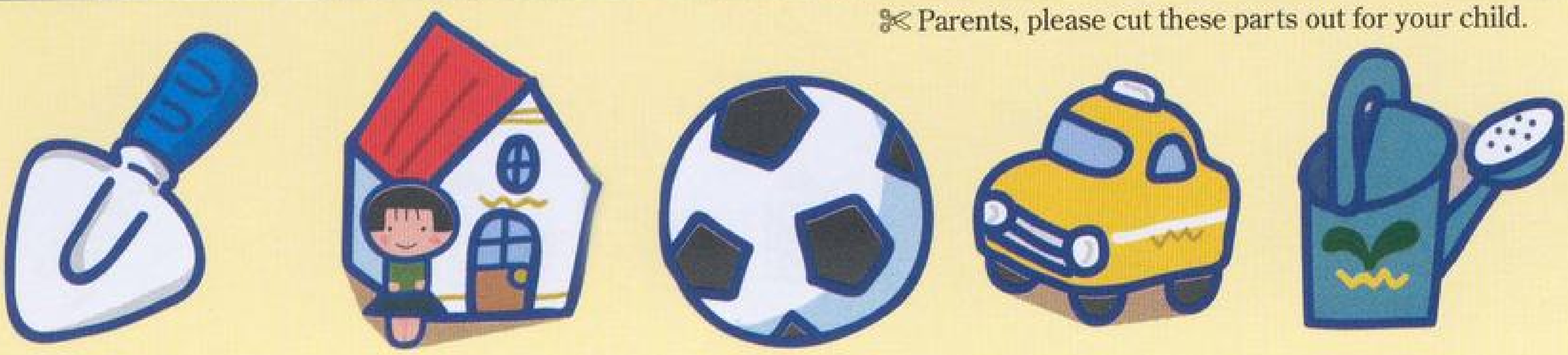
Example

To parents
Your child does not need to follow the example on the right. Encourage your child to use his or her creativity.

Paste the toys into cubbyholes.

toy box

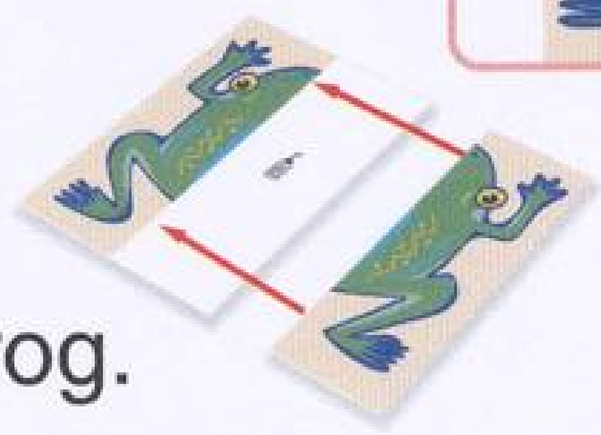
✂ Parents, please cut these parts out for your child.



32 Let's Paste the Frog

Done!

To parents
Show your child how to fit the pieces together correctly. Your child does not need to apply glue all along the edge—just a few dabs will be fine.



Paste the cut out part onto the white area to complete the frog.

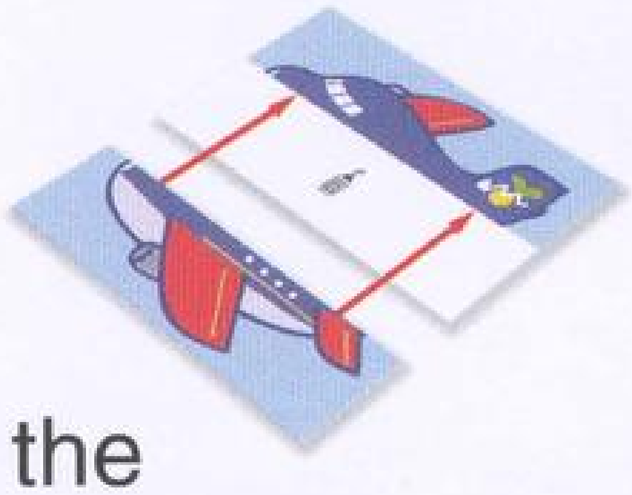
frog

✂ Parents, please cut along —— for your child.

33 Let's Build a Plane

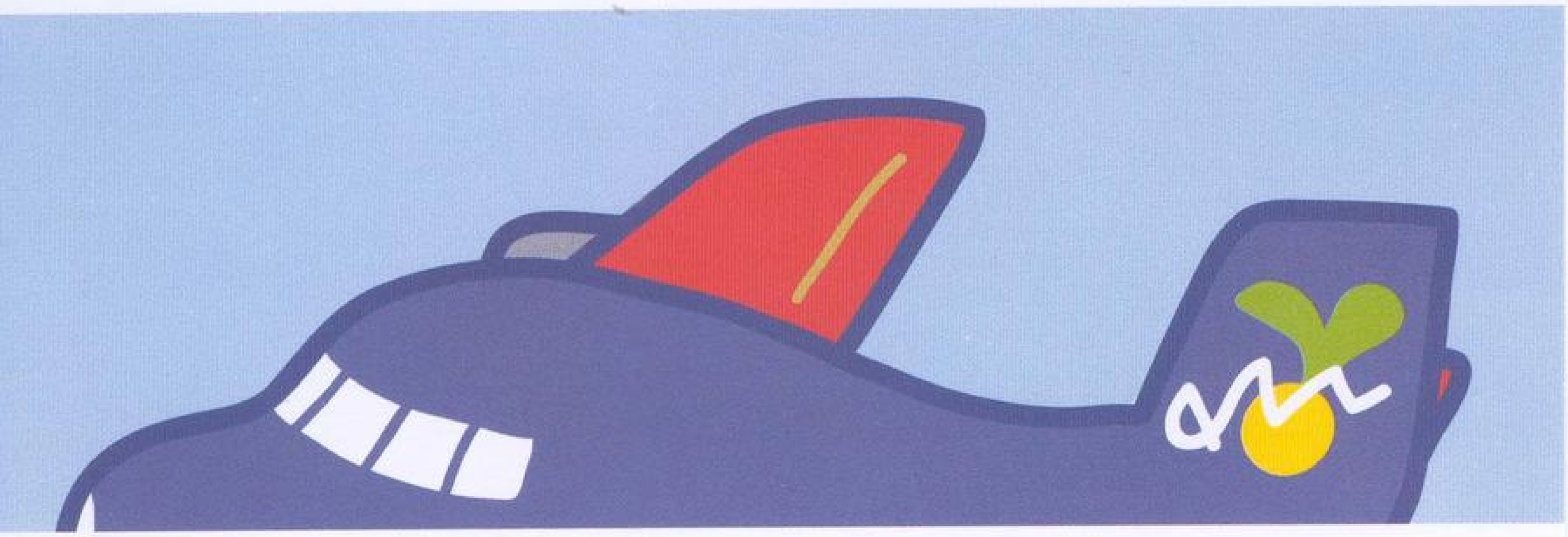
Done!

To parents
Encourage your child to figure out on his or her own how to join the two pieces of the plane together.

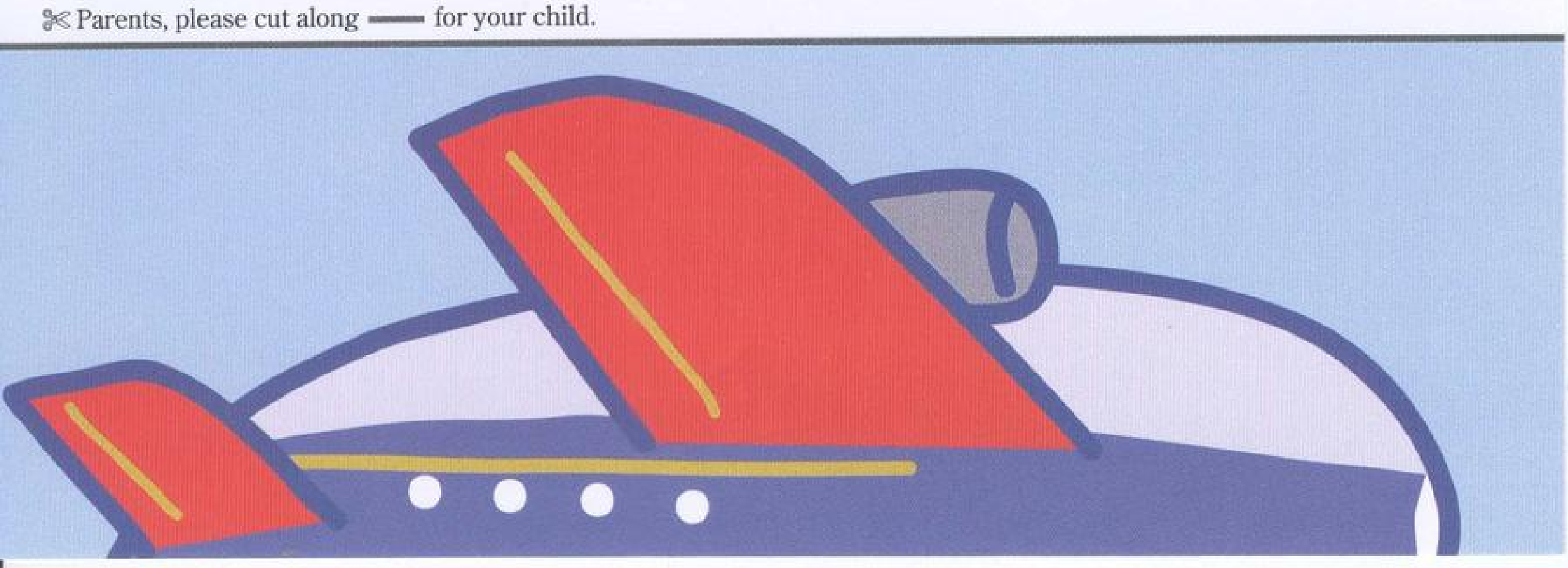


Paste the cut out part onto the white area to complete the airplane.

airplane

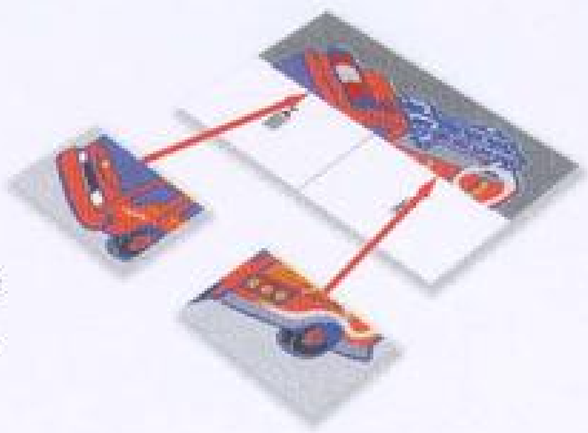


✂ Parents, please cut along ═══ for your child.



34 The Firemen Need Help

To parents
Tell your child to place the cut out parts onto the white area before using glue to see which way they should go. You might ask your child, "What color is a fire engine?"

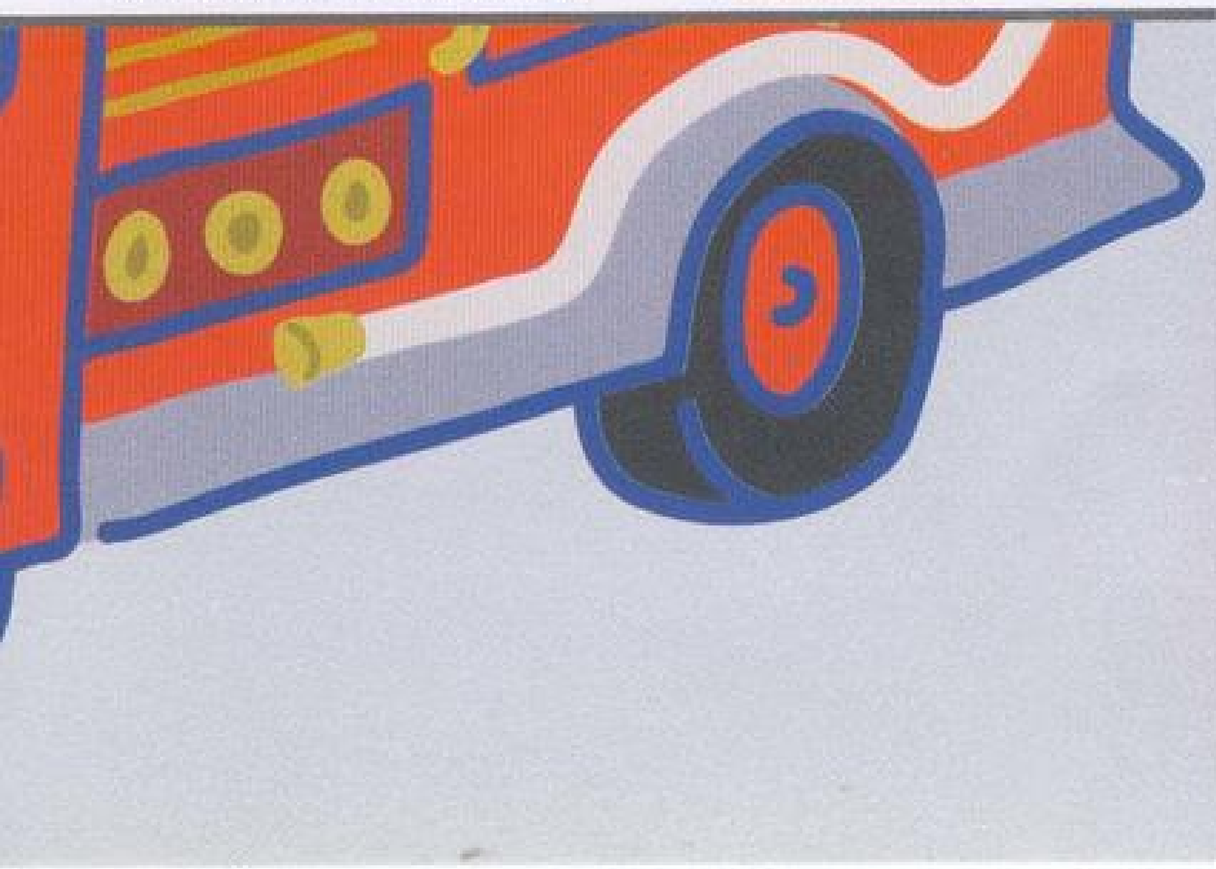


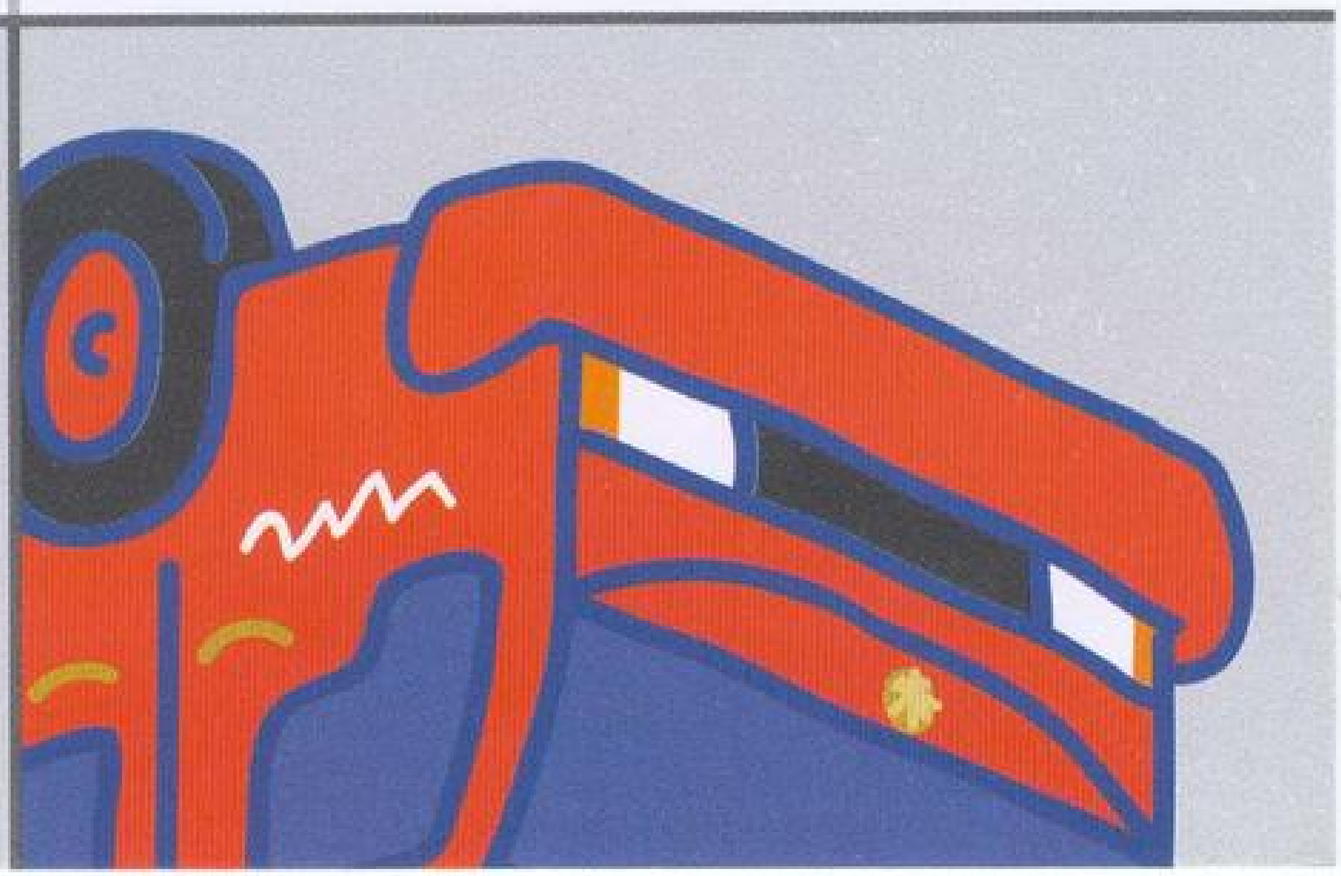
Done!

Paste the cut out parts onto the white area to complete the fire engine.

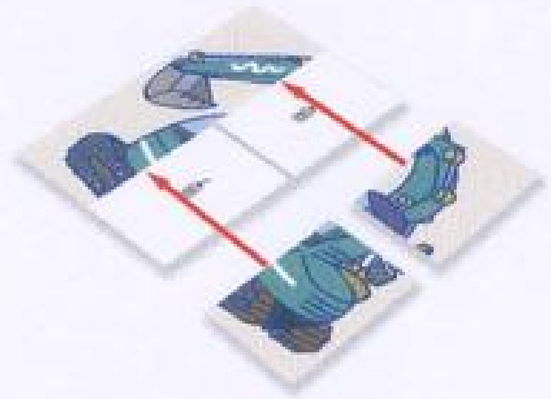
fire engine

✂ Parents, please cut along —— for your child.





35 Construction Ahead



Done!

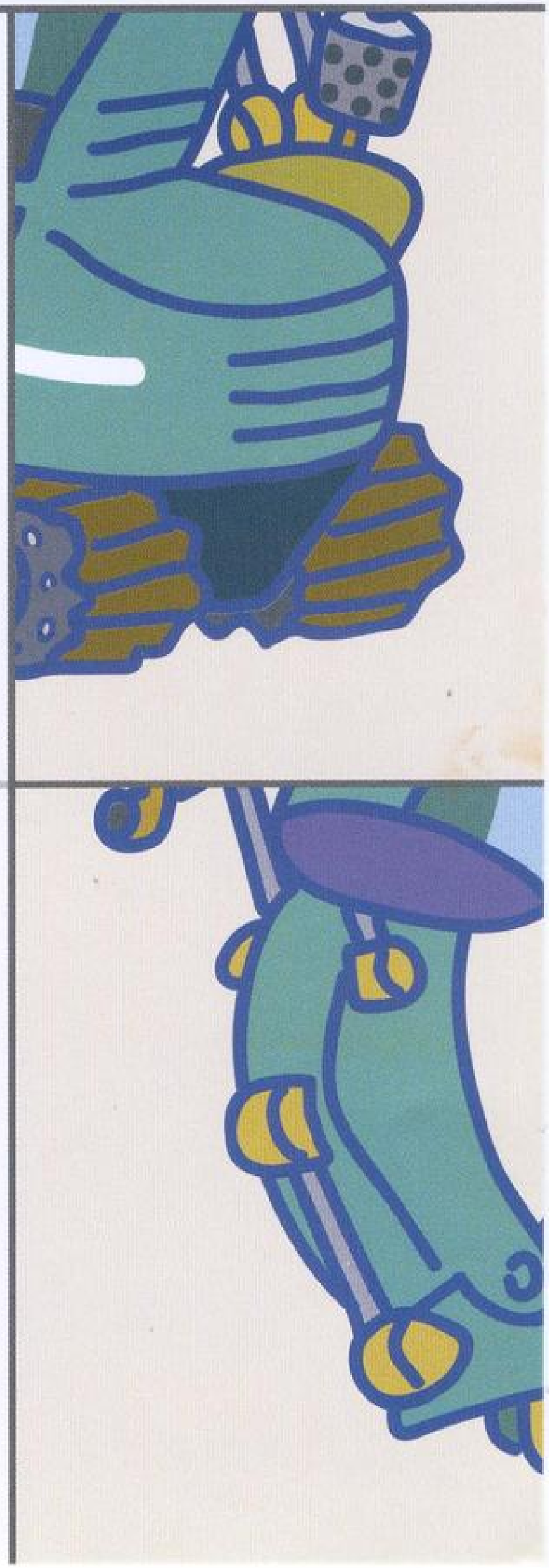
To parents

It is important for your child to enjoy pasting and using glue. It is okay if your child has pasted the parts in the wrong places. When he or she has completed the exercise, offer lots of praise.

Paste the cut out parts onto the white area to complete the backhoe.

backhoe

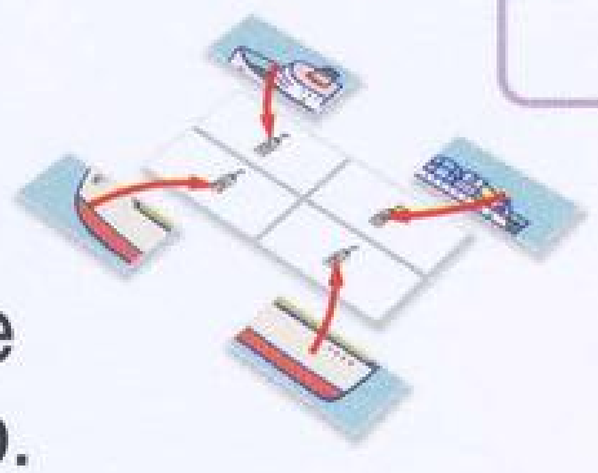
✂ Parents, please cut along —— for your child.



36 Ship Shape

Done!

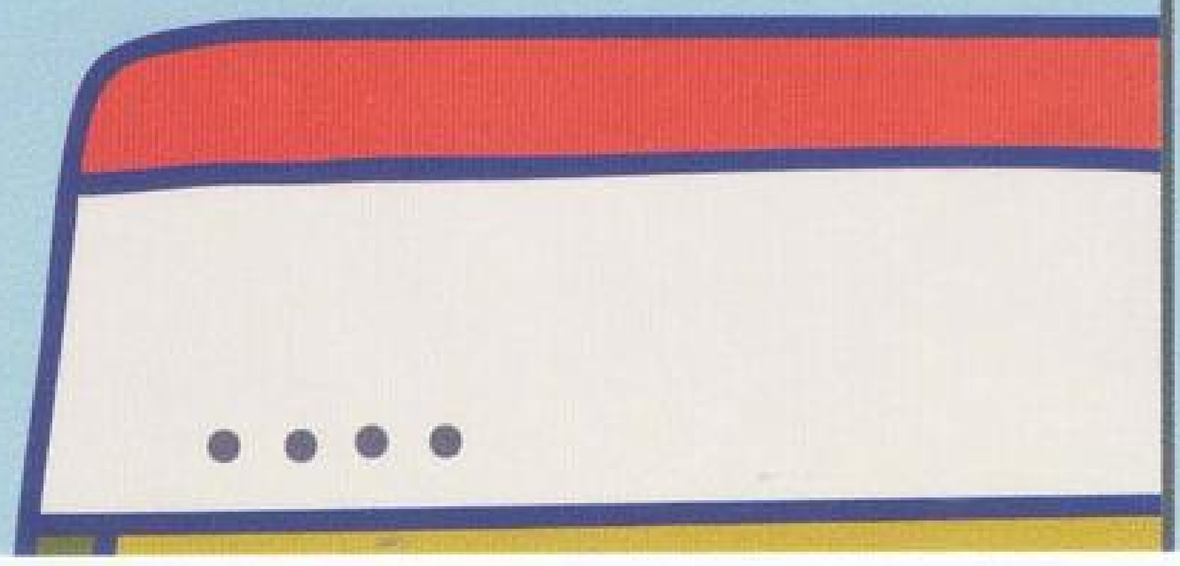
To parents
Have your child try placing the parts several different ways before pasting them with glue. Ask your child to pretend both of you are out on the ocean. What kinds of things might you see?



Paste the cut out parts onto the white area to complete the ship.

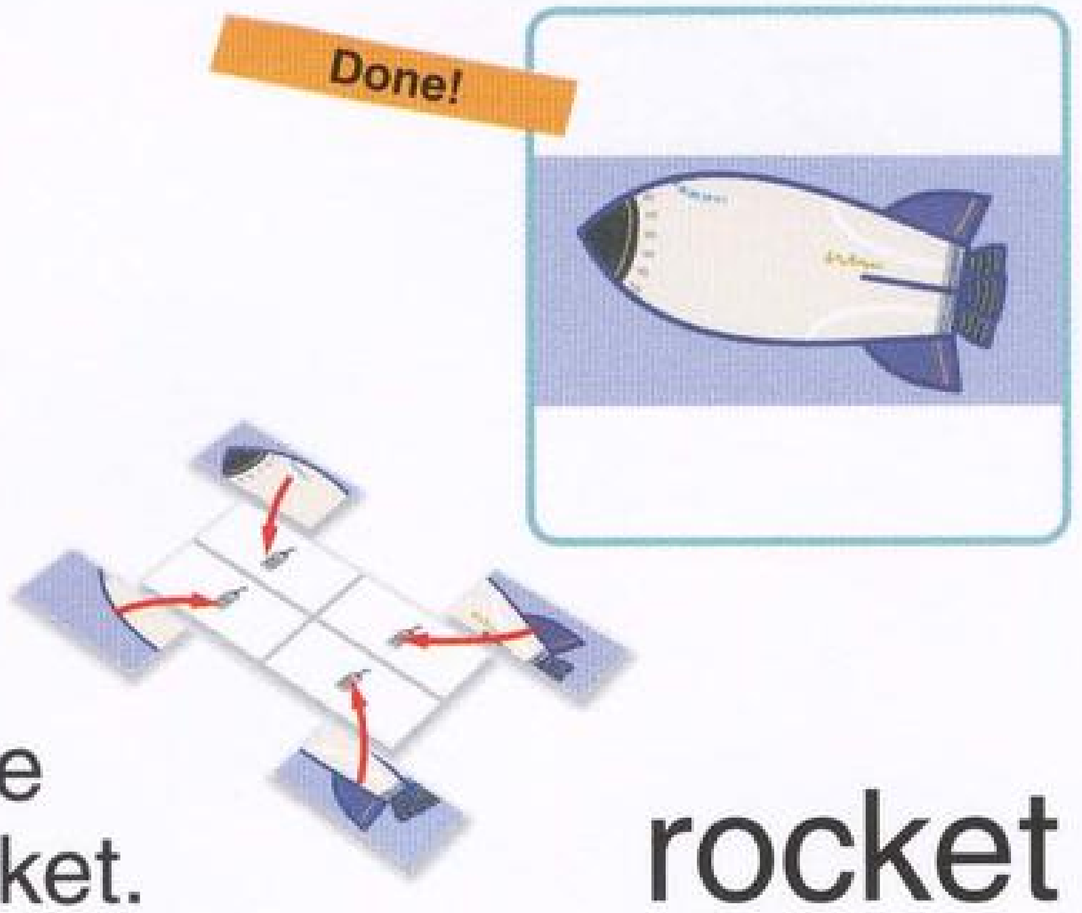
ship

✂ Parents, please cut along —— for your child.



37 Blast Off!

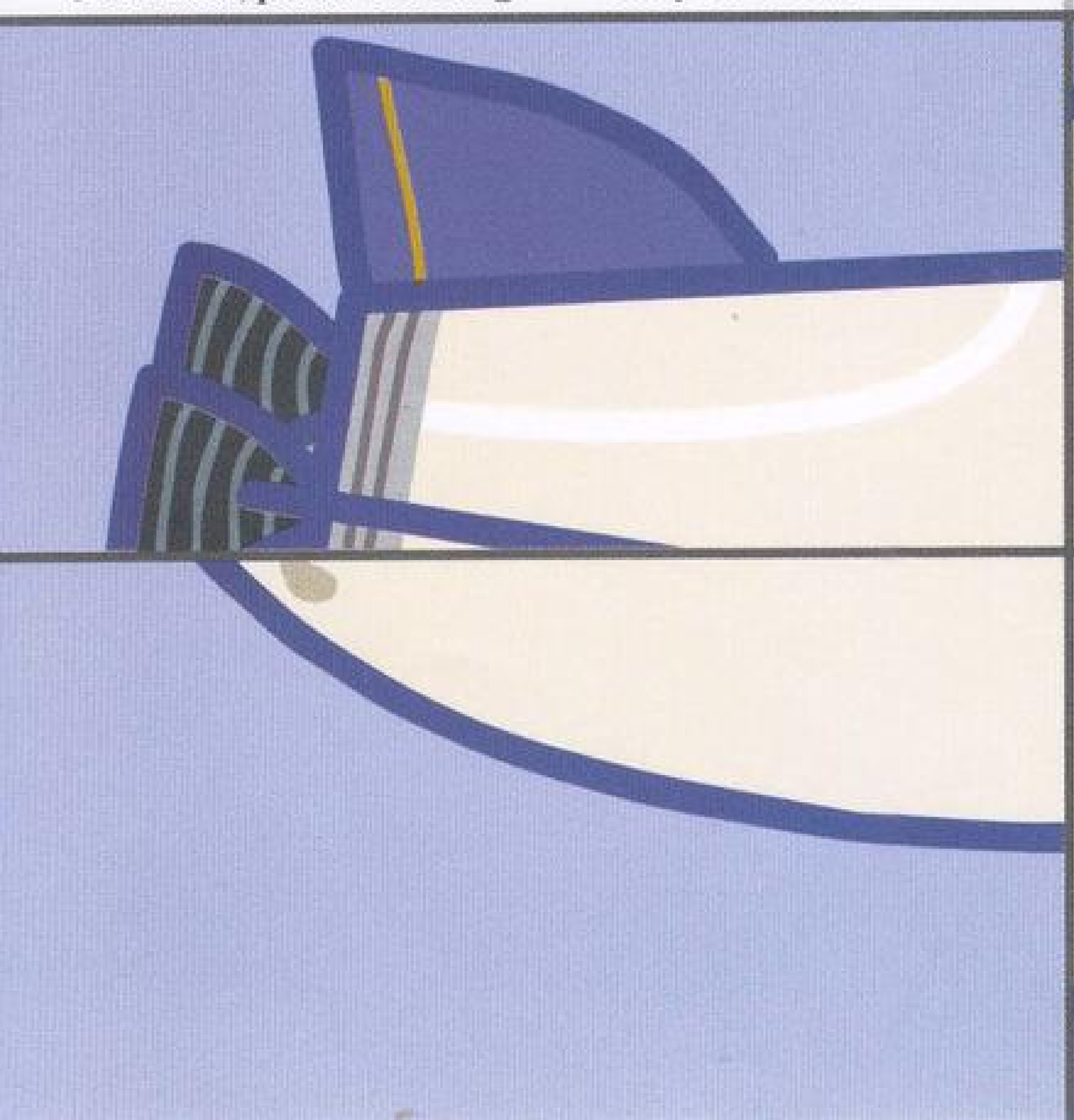
To parents
Encourage your child to arrange the cut out parts properly on his or her own. Offer help only if needed.

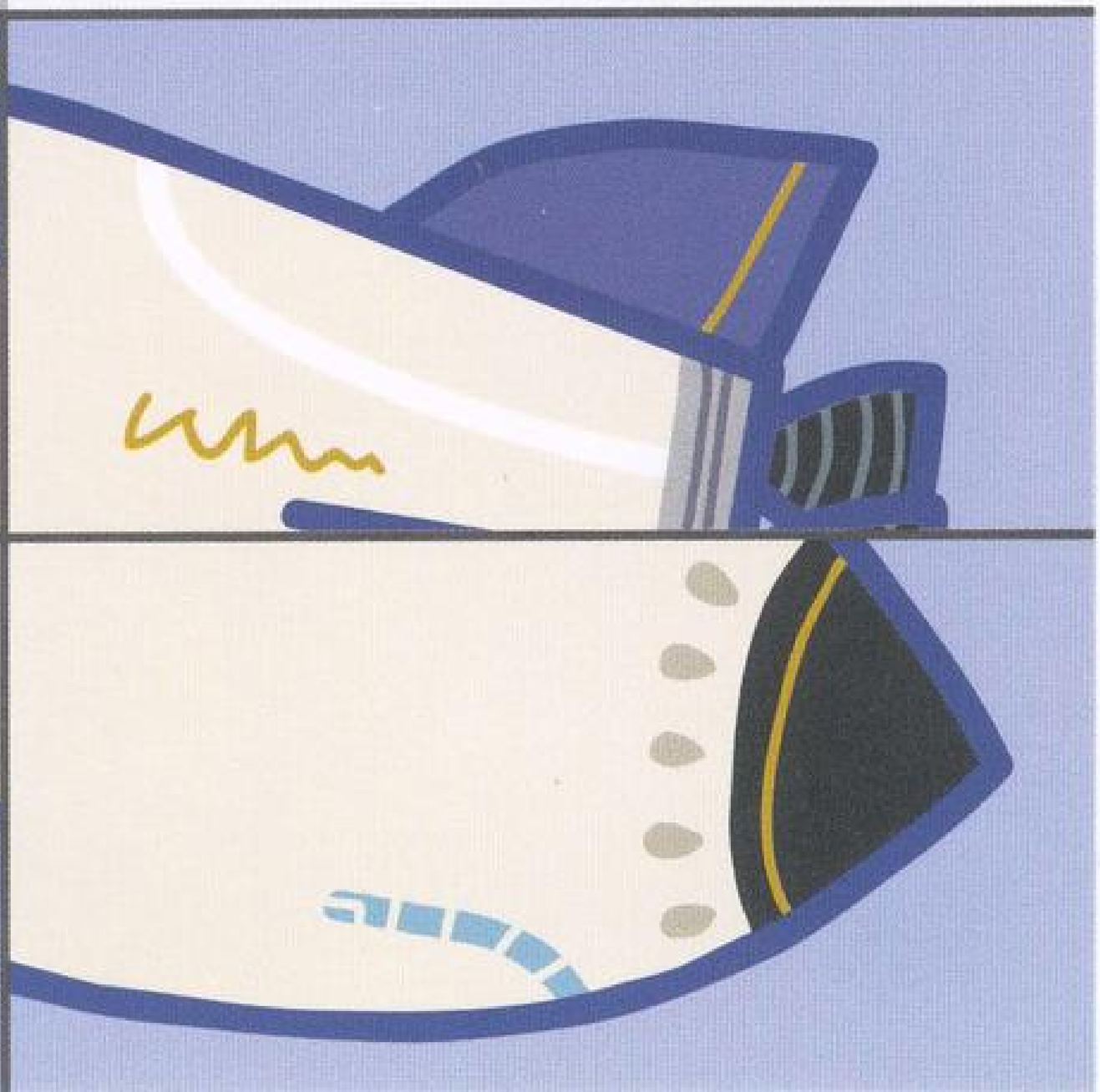


Paste the cut out parts onto the white area to complete the rocket.

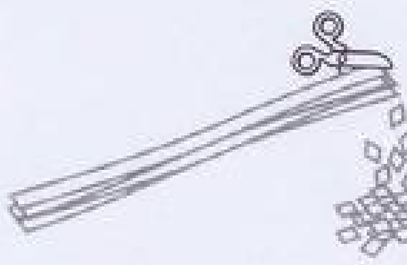
rocket

✂ Parents, please cut along ▬ for your child.





38 Snow Day



Cut the white strips into flakes.

Example

Dot the colored background with glue and sprinkle the snow.

To parents

On the last two pages, your child will practice a special pasting technique. Show your child how to dot the colored background with a glue stick, or how to put glue on his or her fingertip and press it repeatedly onto the paper. After sprinkling the paper flakes onto the paper, turn it over and tap the paper to release the dry flakes.

Let it snow.

✂ Parents, please cut along —— for your child.

snow

39 Cherry Blossoms

Example

Cut the pink strips into flakes.

Dot the tree with glue and sprinkle the pink flakes.

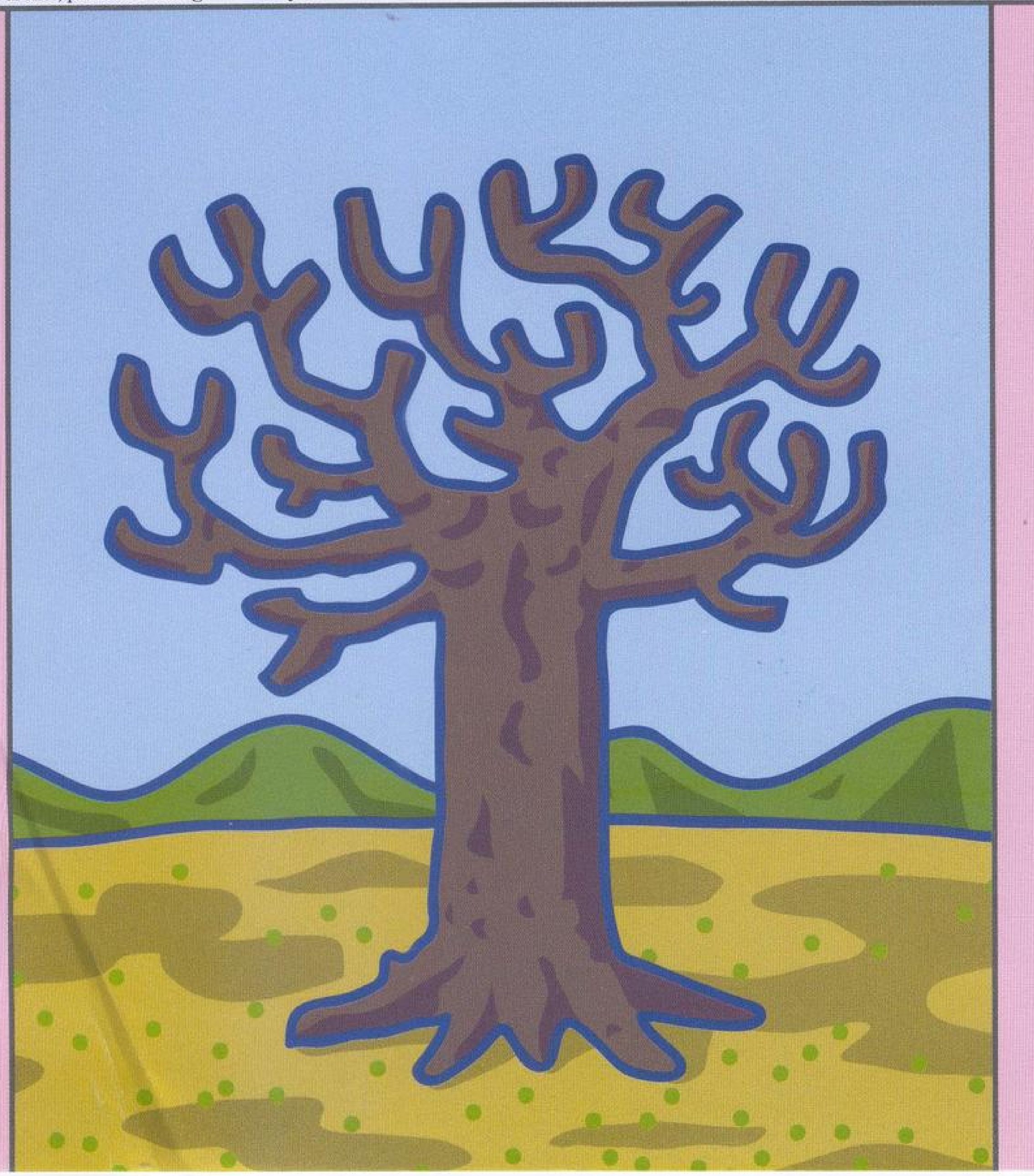
To parents

This is the last exercise in this workbook. Compare how your child has managed to complete this exercise with his or her earlier work. You will probably notice that much progress has been made in the way he or she uses glue and positions the parts. Offer lots of praise and celebrate your child's achievement. It may be a good idea to keep this workbook as a record of your child's growth and development.

Let it bloom.

cherry tree

✂ Parents, please cut along —— for your child.



KUMON

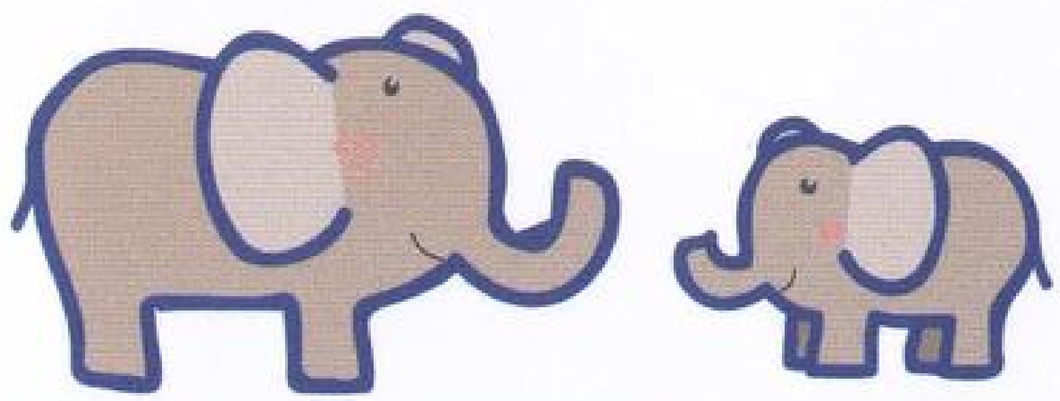
Certificate of Achievement

_____

is hereby congratulated on completing

Let's Sticker & Paste!

Presented on _____, 20___



_____

Parent or Guardian